



SECTION 16 - PENALTIES:

ARTICLE 1 - GENERAL:

- A. The Referee will call all penalties.
- B. All penalties will be assessed from the Line of Scrimmage except as noted (spot fouls).
- C. Only the team captain or head coach may ask the Referee questions about rule clarification and interpretations. Players may not question judgment calls.
- D. Games may not end on a defensive penalty unless the offense declines it.
- E. Penalties are assessed live ball then dead ball. Live ball penalties must be assessed before a play is considered complete.
- F. Penalties will be assessed half the distance to the goal yardage when the penalty yardage is more than half the distance to the goal.
- G. Flagrant contact fouls will not be tolerated. Offending player(s) will be ejected from that game.

SPOT FOULS - OFFENSE

Illegal Forward Pass	Spot Foul, -5 yards, Loss of Down
Illegal Block Downfield	Spot Foul, -5 yards, Loss of Down
Flag Guarding	Spot Foul, -10 yards, Loss of Down
Diving to Advance the Ball	Spot Foul, -10 yards, Replay the Down
Holding	Spot Foul, -10 yards, Replay the Down
Illegal Contact/Not Avoiding Defensive Player	Spot Foul, -10 yards, Replay the Down
Unnecessary Roughness	Spot Foul, -10 yards, Automatic First Down

SPOT FOULS - DEFENSE

Defensive Pass Interference	Spot Foul, Automatic First Down
Unnecessary Roughness	Spot Foul, +10 yards, Automatic First Down
Illegal Contact/Bodying Up the Ball Carrier to Remove Flag	Spot Foul, +10 yards, Replay the Down
Stripping	Spot Foul, +10 yards from End of Run, Replay the Down

ARTICLE 3 - DEFENSIVE PENALTIES:

Illegal Contact	+5 yards from Line of Scrimmage, Automatic First Down
Illegal Flag Pull	+5 yards from Line of Scrimmage, Automatic First Down
Holding-Eligible Receiver (non-possession)	+5 yards from Line of Scrimmage, Automatic First Down
Off-Sides/Encroachment/Neutral Zone Infraction	+5 yards from Line of Scrimmage, Replay the Down; Consecutive- +10 yards from Line of Scrimmage, Replay the Down
Roughing the Center, Kicker, Holder or Passer	+10 yards from Line of Scrimmage, Automatic First Down
Unsportsmanlike Conduct	+10 yards from Line of Scrimmage, Automatic First Down
Simulating the Snap Count	+10 yards from Line of Scrimmage, Replay the Down
Holding-Ball Carrier (possession)	+10 yards from End of Run, Replay the Down
Illegal Participation	+10 yards from Line of Scrimmage, Replay the Down
Illegal Substitution	+5 yards from Line of Scrimmage, Replay the Down

ARTICLE 4 - OFFENSIVE PENALTIES:

Delay of Game	-5 yards from Line of Scrimmage, Replay the Down; Excessive - -10 yards from Line of Scrimmage, Replay the Down
Illegal Motion/Procedure - False Start/Shift	-5 yards from Line of Scrimmage, Replay the Down
Illegal Substitution	-5 yards from Line of Scrimmage, Replay the Down
Illegal Formation	-5 yards from Line of Scrimmage, Replay the Down
Illegal Participation (starting with no flags on)	-5 yards from Line of Scrimmage, Loss of Down
Illegal Forward Pass (male catches pass and runs beyond Line of Scrimmage)	-5 yards from Line of Scrimmage, Loss of Down
Illegal Forward Pass (3 consecutive male-to-male forward Pass Plays)	-5 yards from Line of Scrimmage, Loss of Down (play still considered CLOSED)
Illegal Advancement in No Run Zone (running inside the 3 yard line)	-5 yards from Line of Scrimmage, Loss of Down
Offensive Pass Interference	-10 yards from Line of Scrimmage, Loss of Down
Illegal Participation	-10 yards from Line of Scrimmage, Replay the Down
Unsportsmanlike Conduct	-10 yards from Line of Scrimmage, Automatic First Down

ARTICLE 5 - GENERAL PENALTIES

Fighting	10 yards from Line of Scrimmage, Ejection
Profanity	10 yards from Line of Scrimmage, possible Ejection
Unpalatable Act	10 yards from Line of Scrimmage, Official's discretion
Conduct Unbecoming	10 yards from Line of Scrimmage
Taunting	10 yards from Line of Scrimmage

ARTICLE 6 - ALL-BUT-ONE ENFORCEMENT PHILOSOPHY: Enforcement philosophy is based on the fact that a team is given the advantage of the distance which is gained without assistance of a foul. It is assumed that the only foul which would give us this aid is a foul by the offense behind the basic spot. Therefore, all fouls but this one, that is a foul by the offense behind the basic spot, are penalized from the basic spot, unless it occurs behind the Line of Scrimmage. Then it is assessed from the Line of Scrimmage.

EXCEPTION: Any foul that occurs by the offense in their own end zone shall be ruled a safety.