



JR. HIGH Girls Fast Pitch Bylaws 2022

I. GAME FORMAT

1. Games consist of 6 innings or 1 hour and 10 minutes. No new innings can begin after 65 minutes.
2. Running Clock
3. Games ending in a tie will remain tied and count as a win for both teams, during regular season play. Tournament games that end in a tie will play additional innings to determine a winner.
4. An inning or half-inning ends when a team scores 7 or more runs regardless of the number of outs. All runs will count until the completion of the play in which the seventh run is scored.
5. First team listed is home team. Home team starts in the field on defense.

II. EQUIPMENT/FIELD SIZE

1. Bases will be 60 feet apart.
2. Pitching rubber will be set at 46 feet away from home plate.
3. Ball: 12 in. softball
4. Bats: 30"-32" bats will be provided
5. No metal cleats will be allowed on the field.
6. Batters and base runners will be required to wear batting helmets.
1. Hard casts or braces must be covered with a soft material.
2. No jewelry shall be worn except religious or medical jewelry which must be taped down.
3. Catchers must wear a face mask with helmet, chest protector, and shin guards. A catcher's glove must be used for baseball, but is not required for softball. Boys must wear a protective cup.

III. PLAYERS

1. Each team roster shall consist of 13 players maximum.
2. 9 players will play defensively (on the field) each inning.
3. Batting order consists of all team players present, each batting in the same rotation throughout the game.
4. Teams may play with a minimum of 6 players and take automatic outs for team members not present. The coach may designate, prior to the game, where those automatic outs will fall in the line-up. Players arriving late may be slotted into the automatic out positions.
5. All players must remain in the dugout if they are not playing defense, batting, on deck, or base running.
6. Any team unable to take the field at the scheduled time will forfeit the game; forfeited games will be played for fun.

IV. SUBSTITUTIONS

1. Substitutions may not be made in the middle of an inning. Players must play the entire inning defensively, unless injured.
2. No player will sit out 2 innings consecutively.
3. Each team has an unlimited amount of defensive substitutions provided it is done in between innings.
4. The umpire must be notified of all substitutions.

V. PITCHER RULES OF PLAY

1. A starting pitcher once removed as a pitcher, may re-enter only once as a pitcher, but may continue to play any other position.

2. A player is restricted to pitching a maximum of 4 innings per game. If any pitcher throws in 4 or more innings a game they must have 3 days rest. (ex: 4 innings Monday, the pitcher cannot pitch until Friday.) Delivery of a single pitch constitutes having pitched in an inning.
3. A batter hit by a pitch will be awarded first base.

VI. BASE RUNNERS

1. All base runners must tag up and may not leave the base until the ball leaves the pitcher's hand.
Penalty: base runner may be declared out.
2. Base runner must attempt to avoid contact with the catcher whenever there is a play at home (as determined by the official). Sliding into home plate is recommended, but not required as long as the player can successfully avoid the catcher. **Penalty:** base runner may be declared out and may be ejected if the contact is deemed intentional by the umpire.
3. Base runners are allowed to steal home on a passed ball.
4. The batter may attempt to advance to 1st base on a dropped 3rd strike.
5. A speed up runner for the catcher (from the previous inning) is allowed when there are two outs. The substituted runner shall be the last player on the team to make a batted out. The intent of this rule is to reduce delay between innings due to catcher equipment.

VII. RESCHEDULING

1. Conditions permitting, all games will be played when scheduled. If a game or practice is canceled, rescheduling is NOT guaranteed. However, the recreation department will strive to reschedule whenever possible.
2. It is the responsibility of the field supervisor and the umpire, to determine whether or not the condition of the field, the elements and other conditions should stop play of the game.

VIII. CONFERENCES/COACHES

1. One adult coach is permitted in each coach's box. All other coaches must remain in the dugout. Coaches under the age of 18, must wear a helmet if they are in a coach's box.
2. Defensive Conference – While on defense, each team is allowed two conferences during a six-inning game or three conferences during a seven-inning game, without penalty. These conferences are used for coaches or non-playing representatives to confer with a defensive player or players.
3. In an extra inning game, each team shall be permitted one charged conference each inning while on defense without penalty.
4. Time granted for an obviously incapacitated player shall not constitute a charged conference.

IX. SCOREKEEPER

1. All line-ups must be submitted to the scorekeeper(s) at least 10 minutes prior to the scheduled game time.
2. The scorekeeper will keep track of individual runs, outs, and team score.

X. PROTESTS

1. Any violation or misinterpretation of a rule (not judgment calls) must be brought to the attention of the umpire BEFORE THE NEXT PITCH.
2. If the umpire cannot solve the problem the Site Supervisor should be found to make a final ruling on the play in question.
3. Any player, coach, or spectator ejected from a game must schedule an appointment with the Recreation Department before the next game in order to participate in the program.
4. Anyone ejected must leave the field immediately.
5. Spectators should not interrupt the game. If a spectator, coach or player has become disruptive, the umpire and / or field supervisor may ask them to leave the park.

XI. SPORTSMANSHIP PHILOSOPHY

7. The City Recreation Departments are dedicated to providing quality recreational sports programs in a spirit of sportsmanship and fellowship for all of our families, friends and neighbors. It is expected that all players, coaches, parents, and spectators will strongly adhere to all rules of play and etiquette involving the program.
8. Any player, coach or spectator ejected from a game must schedule an appointment with the Recreation Director, or program coordinator within 24 hours of the game in order to be reinstated in the program. An ejection will result in that individual not participating in the game following the ejection and may face expulsion from the league.