

## Adult Soccer Rules

- **Sportsmanship**
  - Clearfield Recreation does not tolerate any unsportsmanlike conduct!
  - The goal of this program is to provide a place where teams/individuals can compete, socialize, and exercise in a fun and safe environment.
    - If any actions by a player or team have the possibility of interfering with the goal listed above, they are subject to disciplinary action that will be decided by the recreation team.
  - The site supervisor or the program coordinator is authorized to stop the game if necessary. They are also authorized to eject players when they feel it is needed.
  - If a player is asked to leave for any reason, there will be an automatic one-game suspension starting with the next game.
  - Any player who is ejected twice within a season will be suspended for the remainder of the season with no refund of fees.
  - If a player is thrown out for fighting, there will be an automatic two-game suspension starting with the next game. If a player physically assaults or gets into an altercation with another player, both players will be ejected from the league for the remainder of the season regardless of who is at fault.
  - If a player is thrown out for chasing, roughing, or pushing of an official or field director, or other acts construed to be of such unsportsmanlike or violent nature to be detrimental to the well-being of the game, the player(s) involved will be suspended for the remainder of the league and depending on the severity of the incident, a player could be suspended indefinitely.
  - Violence of any kind will not be tolerated. If the scorekeeper perceives the situation on the field becoming violent, they are instructed to call 911 and the police will handle the situation from this point.
  - The Recreation Supervisor may add additional games to any suspension at his/her discretion.
  - Players who use profanity will receive a yellow card for the first offense and a red card for the second offense, even if it is not directed towards anyone.
- **General**
  - Players/spectators can be ejected for breaking any of the following rules and could face a possible suspension or forfeit of games:
    - Alcoholic beverages are not allowed in any City park.
    - There is no smoking allowed at the park. This includes cigarettes, e-cigarettes, and tobacco products.
    - Indecent language, obscene gestures, or any other act which reflects disgust or anger at an official or another player is strictly prohibited.
- **Registration and Eligibility**
  - Players listed on the roster must sign the roster, in recognition of the Clearfield Recreation adult sports release information, prior to participating.
  - Players can be added to the roster throughout the entire season.

- All players must be at least 16 years of age before the last game of the season. Anyone under 18 years of age must have a legal guardian sign the waiver.
- Any team that is caught using an illegal player will result in the team forfeiting the game. Each team is responsible to police this rule.
- A player may play on only one team in a league during the season.
- **Game Time and Procedures** (FIFA laws shall prevail over all other rules and regulations. Exceptions to those laws are listed below.)
  - This league has a 7-game guarantee and will not have a tournament.
  - Games will be played with two, 25-minute halves with a 5-minute half time. No additional time will be added. Games consist of 11 players on the field but a game can be started with a minimum of 7 players.
  - Time listed on the schedule is game time and forfeit time.
  - Jerseys:
    - The first team listed on the schedule is the home team and shall wear their jersey color. If the visiting team has the same jersey color, they will wear pennies.
    - All players on a team shall wear identical jersey shirts. Numbers are not required on the jerseys.
    - If a team wears the same jersey color as the referees, that team will wear pennies.
  - COED:
    - The goalie can be either male or female. A team cannot have more than 5 males on the field (this does not include the goalie). If there are not enough females at the game, the team cannot exceed 5 males on the field. They will have to play down players but can still have up to 5 males on the field.
  - Weather: In an event of questionable weather, please use the rainout hotline by calling (801) 525-2890. The rainout hotline will be updated by 4:00pm on those days of games with questionable weather.
  - Teams must occupy the area between the two playing fields. The first team present has the first choice of sides.
- **Playing Rules**
  - Slide tackling is illegal and can result in a yellow card. Goalies may slide cleats away from the opposing player within the penalty box to stop shots.
  - Lunging for the ball does not constitute a slide, unless in the opinion of the referee, the player intended to sweep the ball from the opponent or did so with cleats up towards another player.
  - Players attempting to head the ball own the space directly above their head. No other player from either team may invade that space. This is to prevent collisions.
  - To avoid delay of game problems, players will immediately give 10 yards for any direct or indirect kick without being asked.
  - The goalie owns the space above their head while attempting to catch the ball. Contact from opposing players can result in a yellow or red card. Play will resume with a direct kick.
  - Spinning bicycle kicks are illegal and can result in a yellow or red card.

- There are free substitutions on goal kicks and team with possession on throw-ins. If your team is not the team making the throw-in, you cannot sub in players unless the opposing team is making substitutions.
- Receiving a Yellow or Red Card
  - When a player receives a yellow card, they must leave the field immediately and sit out for 5 minutes of game time or until the opposing team scores a goal. The team will play down a player for those 5 minutes or until the opposing team scores.
  - When a player receives a red card, the manager or coach of that team needs to report the name of the player to the site supervisor. Any player that receives two red cards in one season is automatically suspended for the rest of the season.
  - A player is ejected for a red card or two yellow cards. When this happens, they must immediately leave the park or their team will forfeit the game. Their team will play shorthanded for the remainder of the game for a red card. The ejected player will be suspended for the following game also and is not allowed to attend.
- **Standings**
  - If teams are tied during the regular season, final standings will be decided in the following manner:
    - Points will be assigned based on the number of wins (2 points), the number of losses (0 points), and the number of ties (1 point) for each tie.
    - If tied for a position in the standings, whichever team defeated the other during the regular season will then get the higher position.