WINTER GIRLS FLAG FOOTBALL
CCSL RULES AND EXCEPTIONS
AD's: PLEASE PROVIDE TO HEAD COACH AT BEGINNING OF SEASON

- Field size will be 120' wide and 80 yards from goal line to goal line.
- The ball will be a Junior size (size 6)
- Game time will be 2 20-minute halves. The clock will only stop at TIPS (timeouts, injuries, change of possession, and scores). Last two minutes of each half are played under standard timing rules.
- Halftime will be 5 minutes
- If a Safety occurs, the ball will be placed at the 20-yard line
- Games can end in a tie

Updated 3/7/2026