



2026 FALL SOCCER CCSL RULES AND EXCEPTIONS

AD's: PLEASE PROVIDE TO HEAD COACH AT BEGINNING OF SEASON

Soccer:

- 30 minute halves
- 5-minute intermission between halves
- Overtime: Two 5 minute halves (no Golden Goal) If still a tie, shoot out – best of five
- Unlimited substitutions. Must sub when your team has possession of the ball, or opposing team subs first.
- Water break every fifteen minutes, if requested by either and/or both coaches. Officials shall declare each water break. Players must remain on the field during 2-minute water break.
- Additional rules governed by the National Federation of State High School Association (NFHS).
- Size 5 ball to be used for CCSL sanctioned league games.
- Playing fields may differ in size from 80 – 120 yards in length and 55 – 75 in width.