

Brushy Creek Youth Volleyball League Rules

General Rules

- The game will be played as six on six however play may begin with as few as four (4) players on a side.
 - If game time arrives without six players present but at least four are available, the game shall start with four (4) players.
- All participants are required to wear athletic shoes with non-marking soles.
- Jewelry such as rings, watches, and necklaces are strictly prohibited.
- Stud or post-like jewelry worn above the chin is allowed
 - Hoop-style jewelry, such as hoop earrings, are not allowed. Even if covered by tape.
- Knee pads are recommended but not required.

The Game

- Teams will play 3 sets to 25- cap 27
- Rally scoring.
- At the start of the game, the Official will flip a coin with team captains to determine which team serves first.
- A team shall have three (3) hits (excluding a blocked ball) to return the ball over the net.
- If the ball hits the ceiling & goes over the net, the ball is out. If it stays on the same side, play on.
- Players may not intentionally or unintentionally touch the net.
- Players may not step over the center line during play.
- 2- 3 min between sets.
 - Coaches will turn in their serving order/ line-up to the score table during this time.
- (1) 30-second timeout per set.
- Teams will switch sides after the first set.
- At the start of the third set, the Official will flip a coin with team captains to determine which team serves first.

Rotations and Playing Time

- All non-injured players present on the team must be part of the lineup rotation.
- The Right Back player has the first serve.
- Upon gaining the serve, a team must rotate. Each player rotates clockwise. The Right Front player will rotate off the court while a new player will take the serving position (back right).
- Once established, the rotation order must be followed for the remainder of the game.
- There is no manipulation of the serving order while the players wait to be rotated into the lineup.



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Serving

- Players must wait for the official's whistle before serving.
- Only underhand or overhand serves allowed.
- The server will be restricted to three (3) or five (5) service points, followed by an automatic side out.
 - Max of three (3) consecutive serves for 3rd- 6th grade divisions.
 - Max of five (5) consecutive serves for 7th- 9th grade divisions.
- Side outs for three or five consecutive serves will not award a point.

3rd- 4th Grade:

- 7' net
- Volley-Lite ball.
- Underhand Serve - 10' line (BLACK 10' line)
- Overhand Serve - 15' line (RED tape)
- Max of 3 successful serves.

5th-6th Grade:

All the same rules are used for 3rd-4th Grade, except for the service location.

- Underhand or Overhand Serve - 25' line (WHITE line)

7th-9th Grade:

- 7'4" net
- Regulation Ball.
- Max of 5 successful serves.
- In the first 3 weeks of play, the server may serve from the 25' WHITE line Underhand or Overhand.
 - Starting the 4th week, everyone must serve from the regulation line (BLACK line)

