



Arden Park Recreation & Park District

Co-Ed Recreation Kickball Rules

Honor Code

Arden Park Co-Ed Kickball is played on the honor system. It is important to remind yourself and your teammates that everyone in the league is here to have fun and meet new people. Unsportsmanlike conduct will not be tolerated.

1. This is an adult RECREATION league - relax, have fun, and don't take it too seriously!
2. All players must be registered, paid, and at least 18 years of age.
3. By registering and signing the Arden Park program waiver, players agree that Arden Park and its staff will not be held responsible or liable for any injuries occurring as the result of participation in any Arden Park Recreation and Park District activity.
4. By attending, all players and staff are declaring that they have not been exposed to anyone with Covid in the past 14 days and that they are symptom free. If you have been exposed or have symptoms, do not attend!

Equipment

1. Closed-toe shoes are required. Sandals are prohibited.
2. The official ball is a red 10" rubber ball.

Regulation Games

1. A regulation game consists of 7 innings.
2. If the game ends in a tie, then the game is a tie. The only exception is when, time permitting, both team captains agree to play an additional inning. If the score is still a tie at the end of the additional inning, it will remain a tie in the standings.
3. The team leading after the last full inning will be declared the winner.
4. A game may not last longer than 45 minutes.
5. Mercy Rule: A team losing by 12 or more runs may opt to end the game.

Forfeits

1. Teams will be given a 5-minute grace period.
2. Teams that fail to abide by their scheduled game time will forfeit their game.
3. A maximum of 10 players on the field during play and a minimum of 6 are required (3 of each gender). A team must have 3 of each gender to prevent a forfeit.



Pitching / Catching

1. Pitching must be underhand. Overhand pitches will not count as a pitch.
2. Your team will pitch to you.
3. There are no balls. 3 strikes (missing the ball while kicking), you are out, and the next kicker is up.

“Bunt” Line

1. The “Bunt” Line is located approximately 20 feet in front of home plate and extends toward the 1st and 3rd base lines. (20ft from the plate on either base line).
2. All kicks must reach the “Bunt” Line. Balls not reaching the “Bunt” Line are fouls.
3. A ball fielded before it touches the “Bunt” Line is a foul.

Running

1. Runners must stay in the base line. If a runner leaves the baseline, they are considered out.
2. Fielders must stay out of the baseline.
3. If a fielder interferes with a runner in the baseline, the runner safely advances to the base they were approaching.
4. Leading or stealing is not allowed. A runner leading off a base before the ball is kicked is out.
5. There is absolutely no sliding (nor diving) at any base. It will be considered an automatic out.
6. Hitting the runner in the head or neck is prohibited. If the runner is hit above the shoulders the runner will be awarded a free base (past the base in which they are approaching).
7. If a runner intentionally uses the head or neck to block the ball the runner is out.
8. All ties go to the runner.

Foul Balls

1. A kick that lands in foul territory but travels into fair territory before passing 1st or 3rd base is FAIR, unless touched by a fielder in foul territory before passing the base.
2. A foul is:
 - a. If not touched by a fielder in fair territory, any ball that first contacts the field in foul territory beyond first or third base is considered foul.
 - b. Any ball that first contacts a fielder while the ball is in foul territory is considered foul.



- c. A kick made beyond home plate.
- d. A kick that does not cross the "Bunt" Line.
- e. A ball fielded before it crosses the "Bunt" Line.

Outs

1. An out occurs when:
 - a. 3 fouls.
 - b. A runner touched by a ball at any time while not touching base.
 - c. A runner leading off a base.
 - d. A force out when a runner is forced to run.
 - e. Any kicked ball that is caught in the air.
 - f. Running to the non-safe home plate base.

Officiating

1. Arden Park Coed Kickball is a player-officiated sport, and umpires are not provided.
2. There will be a Recreation Staff member at each kickball game. They are not officiating, but will be there to set out the kickballs, bases, scoreboards, and dispute any major calls that your teams cannot agree on. Your teams are responsible for keeping score and reporting it to the Recreation staff at the end of your game. If for some reason there is not a staff member available, email your team's scores to the Recreation Supervisor, Darcie at dmaeesomy@aprpd.org
3. Scores and standing can be checked on your Quick Scores account.

Sportsmanship

1. Any player who commits the following infractions shall be declared out at the Recreation Supervisor's discretion:
 - a. No player shall use abusive language.
 - b. No player shall engage in any unsportsmanlike conduct.
 - i. Unsportsmanlike communication between opposing teams, both verbal and non-verbal: Arguing, yelling, pointing, questioning, misleading or confusing the other team with incorrect rules, swearing and other foul language.
 - ii. Moving in an intentional or threatening manner, physical abuse or posturing shall result in an immediate removal from the game and the league.
 - c. No player shall argue with an Arden Park staff member.
 - d. No player shall intentionally throw the kickball at any player's head.
 - e. Intoxication
2. Any player who breaks the above rules twice in one game shall be ejected.



3. Any player ejected twice in a season shall be removed from the league. That person may not be allowed to sign up for future Arden Park programs and activities.

Weather

1. In case of poor weather, a game may be called off. Team captains will be reached directly. Depending on field availability, the games may be rescheduled for a later date.

Arden Park Staff Contact:

1. Darcie Maesomy, Recreation Supervisor
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