

## Team Parent Role:

- Organize snack schedule – this can be done in person at practices or game or via e-mail (just ask the coach to share with you the e-mail contact information from the rooster).
  - Be sure to clearly outline what you/the coach is expecting in the way of snack each week.
    - Half time snack (optional) – best to have a small helping of fruit.
    - End of the game snack which can include a snack of the parent's choice and a cold drink for each kid
  - Be sure to ask all parents if any of the players have a food allergy.
    - If so, inform everyone on the team of the food allergy.
- If the team is large enough do not ask the coach and his/her family to bring snack on any given week.
- Remind parents of picture day and help organize the kids for the picture.
- Organize the end of the season celebration.
  - Either schedule a time for the coach to hand out trophies after the last game or set up a party.
    - If you set up a party, plan to organize the food or get a parent volunteer to do that. Things that work well are having the party at the Amenity Center (be sure to reserve your spot ahead of time) or at someone's home.
    - Food ideas that have worked well are cooking on the grill, having pizza delivered, serving snacks, having just a cake, etc.
  - Ask for money contributions from all parents to cover the cost of the party.
  - Collect donations for a coach appreciation gift.
    - Ideas include cash, gift card, picture collage, etc.
- During the game
  - Help the coach ensure each players shoes are tied tightly and they have shin guard on (for the girl players they should have their earrings removed)
  - Sit with the players on the sideline and keep them focused on the game so they are ready to go in when substitutions are needed.
  - Help the coach organize the kids for rotations/substitutions during the game (this may include timing how long kids play for, etc.)
  - Watch the game to see when a rotation or substitutions are needed or if an injury occurs aid the injured child and substitute another player.
- Help the coach with any other miscellaneous thing they may need help with.
- Share and discuss ideas with the coach to make the season as enjoyable as possible for everyone involved.