**YOUTH GIRLS’ VOLLEYBALL RULES**

**9-10 yr. old Recreation and Competitive Division**

**TIME AND SCORING**

• Game will consist of the first two games with **an 18 minute running clock** and the third game with a **12 minute running clock**. Clock will stop for timeouts.

• Each team is allowed one (1) timeout per game. Timeouts do not carry over.

• The first two games will be to a score of 25 points, win by 2 points or be the first to 28.

• The last game will be played to 15 points, win by 2 or be the first to 18.

• If the game clock expires during play, to be declared a winner, you must be winning by 2 points. Play will continue until a team wins by 2 or the first to 28/18.

• Teams will play all 3 games during league games.

• **Tournament Play** will be the best 2 out of 3. NO CLOCK

**PLAY**

• For the first and third games the referee will call for team captains to flip for serve.

• **Players must rotate in at the Center Back Position.**

• Teams must have 4 players to play.

**SERVING**

* **9-10 yr olds: players will be serving from the marked ‘Blue’ line at Rose Park’s gym.**

• A serve that hits the net and goes over is in play.

• **Each serve attempt may be attempted overhand OR underhand.**

• Each player will be allowed to attempt the serve twice (\*\*exception underlined below\*\*).

* Player will be allowed 3 (three) practice tosses during each attempt. **Please teach players to let the ball drop to the court if they are going to re-toss.**

• If the ball goes over the net on the first serve but lands out of bounds that player will not receive a second serve. Ball is considered “live” because a player can choose to play it out-of-bounds.

• \*\*If the ball does not go over the net prior to crossing the net, the server will receive a second serve\*\*.

If the ball goes out of bounds at the net hitting the antenna or the rope the player will not get a second serve.

**• 9-10 yr. old: Net will be set at a height of 6’6”**

**Sportsmanship Rule**

* **There will be no yelling while a player is serving. A warning will be issued at first offense. Followed by an additional serve attempt.**
* **There will be no excessive loud outburst and screams from players, parents or coaches during games.**
* **Chants must be respectful and not so loud that it is painful to other players and guest.**

**PARENT INVOLVEMENT**

• **Teams will need to supply an adult volunteer for each game to serve as a line judge; we will provide line judges for tournaments.**

**AFTER THE GAME**

• Opposing coaches and players will line up and shake hands after the 3rd game.

• Players are encouraged to gather up all belongings, including trash, knee pads, volleyball, etc...

• Staff is not responsible for any items lost, damaged or stolen.

**PRACTICES AND GAMES**

• Practice times will be schedule by the League Administer.

• Games will be played at Rose Recreation Center.

• Practice balls will be provided if using the recreation centers.

• Games will be held on Saturdays.

**MISCELLANEOUS**

**\*\*\*Proof of age is required you must provide a current report card or a copy of a birth certificate.\*\*\***

• Players are allowed to play up in any division, but will play by the rules of that division.

* All players must have equal and fair playing time, with exception to not attending practices
* Players must wear the current year jersey for all games, if they are not wearing their jersey and have been given a jersey they will be benched from the game.
* Players must retrieve their balls during the games and balls must be returned to ball bins after warmups and practices.
* Questions on scores and serves must be made to the referee and not the scorekeeper, coaches, parents and players may not be disrespectful to line callers or scorekeepers.
* Once games are scheduled we will not be able to reschedule the games, if your team is unable to attend game it will be a forfeit.
* Only players and coaches will be allowed to use volleyballs during games and practice
* No team is allowed to take the court before 6p.m. at any of the Recreation centers
* You may not take the court before your allotted practice times.
* Coaches and parents are responsible for their children during games and practice, please make sure children are not playing on the court during games
* Players, coaches and parents must be respectful to referees, scorekeepers and other teams at all times.
* All players must have equal and fair playing time including tournaments, with exception to not attending practices
* Players must wear the current year jersey for all games, if they are not wearing their jersey and have been given a jersey they will be benched from the game.
* Players must retrieve their balls during the games and balls must be returned to ball bins after warmups and practices.
* Questions on scores and serves must be made to the referee and not the scorekeeper Coaches, parents and players must not be disrespectful to line callers or scorekeepers.
* Practices depend on coach availability and gym availability
* No dangling jewelry is allowed.

*The Youth Volleyball League is intended to be a fun and developmental league for all who participate.*