**Rules Summary / Spring 2022**

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| **Division** | **Players on Field** | **# of Teams** | **Est. Roster Size** | **Coach on Field** | **Duration of Play** | **Ball Size** | **Fields** | **Offside Rule** | **Passback to Keeper Allowed** | **Goal Kick Retreat Rule** | **Allow Head Ball** | **Practice\*** |
| Coed 5U-6U2016,2017 | 4  | 6 | 8 | Yes | 4 x 8 | 3 | TI, T2 | No | No Keeper | Yes | No | No |
| Girls 7U-9U2013,2014,2015 | 6 + 1 Keeper | 4 | 11 | No | 4 x 10 | 4 | 3,4,5,6 | No | No | Yes | No | No |
| Girls 10U-12U2010,2011,2012 | 3  | 4 | 5 | No | 4 x 10 | 4 | TI, T2 | No | No Keeper | No | No | No |
| Boys 7U-9U2013,2014,2015 | 6 + 1 Keeper | 8 | 11 | No | 4 x 10 | 4 | 3.4.5,6 | No | No | Yes | No | No |
| Boys 10U-12U2010,2011,2012 | 7 + 1 Keeper | 6 | 12 | No | 2 x 25 | 4 | 7,8,10 | Yes | No | No | No | No |
| Coed 13U-15U2006,2007,2008,2009 | 5 + 1 Keeper | 4 | 10 | No | 2 x 25 | 5 | 7,8,10 | Yes | No | No | Yes | No |
|  |  |  |  |  |  |  |  |  |  |  |  |  |

\*No specific practice session will take place during the 2022 season.  All games will have a 15-minute warm-up session prior to the kickoff time.