**JBAB Sports Day Schedule of Events**

**10 May 2022 0700 – 1200**

# All Events will be played at Giesboro Park with a running clock

**Please note: Some sports will be played simultaneously!**

**Please plan accordingly.**

**Winner of each event-5 points**

**Tie-4 points**

**2nd place-3 points**

**Non-participants- 1 point**

**0715** – Line up (Field #3)

**0730** – Command Comments (Calisthenics)

**0800 - 5K Squadron/Unit Event**

1. 1st 5 points, 2nd 3 points, 3rd 1 point. (One placement per unit)
2. 5 Bonus points for Commander (has to start and finish)
3. 3 Bonus points for 1st Shirt (has to start and finish)

**0800 – 1200 Softball: Men/Women Teams (Fields 1, 2 and 4)**

1. Winner-5 points/Loser-3 points towards sports day total

2 3 innings or 30 minute time limits for today’s games. (Whatever comes first!)

3. A line-up may consist of up to 12 batters (One EH allowed)

4. Players are only allowed to play on one team.

5. There will be a mercy rule in effect for all games. Any team ahead 10 runs

after 2 innings shall be declared the winner

6. Teams are allotted one free intentional walk per game

7. Courtesy runners are permitted at a limit of three per game and must be the

player who accrued the previous out.

8. Leading off base, or stealing a base is not allowed.

**0900 – 1100 Ultimate Frisbee (Open field behind field 4)**

1. Winner-5 points/Loser-3 points towards sports day total

2. 7-10 players per team. 7 players on the field at one time.

3. 20 minute time limit. Most points at the end of 20 minutes wins.

3. The player with the disc has 10 seconds to throw the disc.

5. Only 3 steps are allowed after catching the disc.

**0900 – 1130 Kickball (Field 3 and Tee Ball Field)**

1. Winner-5 points/Loser-3 points towards sports day total

2. One pitch bounces are allowed.

3. Kicker may step on home plate to kick, not in front.

4. Runners must stay within the baseline.

5. Leading off base, or stealing a base is not allowed.

6. Hitting a runner’s neck or head will not be allowed, except when sliding.

(automatic advance to next base; going to first they will advance to 2nd)

7. Bunting is not allowed. (Staff decision)

8. Teams will be made up of 8-10 players, 2 must be female.

9. One team per unit.

**0930 – 1100 Beach Volleyball**

1. Winner-5 points/Loser-3 points towards sports day total
2. Must have 3-6 people to play (at least 1 females playing at all times). Three

players on the sand.

3. Best of 3 (7 point set games, must win by 1 point).

4. 15 minute time limit on all games. Most points after 15 minutes is the winner.

5. 3 hit/touch max per side

6. Points are earned on each serve.

7. Winner of best 3 wins the match.

**1000 -1100 Fireman Carry (Open field behind field 4)**

1. Fastest time-5 pts, 2nd fastest time-3 pts, 3rd fastest time-1 pt

2. 4 Person teams (at least 2 females on one team)

3. 50 feet (fastest time) relay style

4. 2 teams per organization

**1300 – 1330 Tug of War (Mud Hole) 10 points extra for Commander or 1st Sergeant**

**in front of line**

1. Single elimination

2. Team composed of 8 males and 2 females

3. Teams receive 10 bonus points if the Unit Commander or 1st Sgt competes in

the second round and lines up in the front.

**1400 – Awards Ceremony at the Slip Inn**

Sports Day Trophy at Slip Inn

Everyone goes to Slip Inn for lunch and rest of day’s events