

# 3rd Grade Basketball 2024

## Roy Recreation Rules

**Updated (11/2/2023)**

### League Rules:

Basket Height: 10 ft.

Basketball: 28.5 Women's Intermediate Size

Foul Line Distance: 12 ft. (regulation 15 ft.)

1. Release slips (electronic Registration) and player's fee must be submitted before anyone will be allowed to play. It must be turned into the recreation offices.

2. This is a beginner league designed to improve the basic skills of all players. **THERE ARE NO STANDINGS RECORDED FOR THIS LEAGUE. ALL TEAMS PLAY 8 REGULAR SEASON GAMES – NO POST SEASON TOURNAMENT.**

Teams must have 4 players (minimum) to start game. A 5-minute grace period will be allowed if 4 players are not present. If team does not have 4 players before 5-minute grace period ends, game will be declared a forfeit.

3. Score will be kept on scoreboard and in book. **Fouls will be recorded.** Any player receiving 5 fouls will be removed from play for the remainder of the game. **When 7 team fouls have been committed, teams will shoot one-and-one free throws. When 10 team fouls have been committed, teams will shoot two free throws. Team fouls reset at half time.**

4. Games will consist of two 18-minute halves with running clock. The clock will stop on whistles the last minute of each half (unless point differential is 15 or more). No overtime will be played.

5. Three Point shots count.

6. Man and zone defense will be allowed. Defense can begin play at half-court (unless point differential is 15 or more). Full court pressure is only allowed in the last minute of the **2<sup>nd</sup> half.**

7. If the score is more than a 15-point spread, the score keeper will only keep the score in the books. The team that is ahead will be asked to move back into the key area and play a zone defense that starts and stays inside the key.

8. Two time-outs per half. You cannot carry over unused time-outs.

9. Any coach, player, or spectator, who is ejected for unsportsmanlike conduct, will not be allowed to participate for the remainder of the game and may have to sit out the following week's game if Recreation Director deems necessary or banned from the league. If a player/coach is ejected from 2 games during the season they will be expelled from the league.

10. Only Two coaches are allowed on the bench and only one coach is allowed to stand up and coach. As soon as two coaches are up off the bench coaching and/or complaining to officials; there may be a technical foul called. If a technical foul is issued on any of the coaching staff or bench personnel, the head coach must sit on the bench the remainder of the game, and no assistant coach may stand and take the head coach's place. See Rule 10 section 5 and 6 of the NFHS Basketball Rule Book.

11. Any coach who receives a technical foul this season is subject to suspension/expulsion from the league (Recreation Director's discretion). Any coach who receives (3) technical fouls in a season will have a mandatory one game suspension. Technical fouls do not have to be committed in the same game or consecutive games for this rule to apply. If a coach receives (4) technical fouls in a season he/she is subject to another game suspension and/or will be expelled from the league (Recreation Director's discretion) and will not be allowed in the gym for the remainder of the season. NFHS technical foul rules still apply (if a coach receives 2 technical fouls in a game, the coach is ejected from the game and will face possible suspension (Recreation Director's discretion) from the next game).

Technical Fouls (Player) - Any player receiving a technical foul must immediately leave the game and must sit for a minimum of 5 minutes (If technical occurs with under 5 minutes remaining in game, the time WILL carry over to the start of the players next scheduled game). Any player receiving two technical fouls in a game is disqualified from the game and will be remanded to the bench. The player will also be subject to suspension/expulsion from the league (Recreation

Director's discretion). Any player receiving a flagrant foul, must immediately leave the game and will be subject to suspension/expulsion from the league (Recreation Director's discretion)

Any questions or concerns please call  
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