



League Hotline updated at 4pm on
weekdays and 2pm on Sundays.
251-4938

ADULT LEAGUE SAND VOLLEYBALL RULES

RULE 1. Games will be played according to the rules and regulations of the current USA Beach Volleyball rulebook, unless superseded by SCPR League Volleyball Rules.

RULE 2. Team rosters are required and must be signed by the players and turned in by the first match of the season. New players may be added at any time; to do so, a roster change card must be completed and signed by the manager to release or add a player. A player may be released from a team only once. A player may sign only one SCPR League roster per night. League Director will forfeit all games played by teams that do not have rosters on file. Minimum age to participate is 16 years.

RULE 3. Each team will play (3) games per match each night.

RULE 4. As a player on a team, you are not permitted to play in the same league on another team or in another league within the same division of play. Penalty is forfeiture of games.

RULE 5. A Match will begin by the flip of a coin or an agreement between both managers agreement on serve. The team losing the previous game shall have the first serve in the succeeding game.

RULE 6. A team not appearing and ready to play (5) minutes after scheduled match time constitutes a forfeit of the first game. Ten minutes after scheduled match time constitutes a forfeit of the second game. The entire match is forfeited (15) minutes after scheduled match time.

RULE 7. Men cannot spike. A spike is defined in the Official Volleyball rulebook as “*an attack play in which the ball is forcibly hit into the opponents court with a one-hand overhead motion.*”

RULE 8. All divisions must have at least four (4) players to start play. Co-rec must have at least one of the opposite gender to begin, (i.e. 3 men and 1 woman or 3 women and 1 man, etc.).

RULE 10. Rally Scoring: A point is scored each time there is a side out. Game #1 and Game #2 end at 21 points and Game #3 ends at 15 points. There is a (15) minute time limit per game. At the end of (15) minutes any team ahead by (2) points or more is the winner. If the score is tied, play will continue until one team has a (2) point advantage. Do your best to keep games on time in order for all games to start at their scheduled time.

RULE 11. Let Serve: A ball contacting and crossing the net shall remain in play provided that the ball is entirely within the court boundaries.

RULE 12. Each team will make their own calls. **Success of this program depends on a high degree of good sportsmanship**

RULE 13. Rotation is clockwise. Rotation substitutions must be made when ball is dead, and at the center back position. Rotation is to remain constant, once you start a rotation order you must keep your players in that order the remainder of the game. Any players arriving late may enter at center back position upon their team's next rotation for serve.

RULE 14. No player shall break the plane of a non-playable area such as adjacent courts scheduled for play.

RULE 15. Equipment must be returned to the SCPR bin on-site by winner of the final match each night.

RULE 16. SCPR Volleyball leagues are designed solely for the recreational values derived by the players, the managers and the spectators from the sport of Volleyball. Any player, coach, or spectator who engages in fighting, obviously attempts to injure anyone, or threatens someone before, during or after a game will be suspended from the League and/or all SCPR activities for a period of time to be decided by the League Office. In the event of such an incident, registration fees will not be refunded.

RULE 17. League Office strongly urges Volleyball participants to remove all jewelry for their own safety and that of others. If however, rings cannot be removed in the judgment of the wearer, they must be completely taped over prior to play. Provide your own tape. Small ear "post/studs" may also be worn. In all cases, the wearer assumes all risks of injuries to themselves and others.

RULE 18. We will work with every team manager as best as possible when devising their team schedule. Once a game has been scheduled and released online we will not reschedule a game unless your team pays a \$20 reschedule fee. The coach/manager must contact the athletic office and the opponent prior to the request being made. The reschedule fee will need to be paid before the game will be rescheduled fourteen (14) days in advance of the original schedule date.

****NOTE: IF INCLEMENT WEATHER NECESSITATES A CANCELLATION, MATCHES WILL BE RESCHEDULED. Please call our hotline after 4:00 p.m. daily for updates at 251-4938.**

Crestview Courts-4801 Shunga Dr.

Gage Courts-West of Blaisdell Pool in Gage Park

Lake Shawnee Courts – 41st and West Edge Road (behind tennis courts)

Athletics League Office 286-3358/251-2970/prathletics@snco.us

