



**SHAWNEE COUNTY  
PARKS & RECREATION**  
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## **ADULT LEAGUE VOLLEYBALL RULES**

**RULE 1.** Matches are played according to the rules and regulations of the current National Federation of State High School Associations Volleyball rulebook, unless superseded by Shawnee County Parks and Adult Volleyball rules and regulations.

**RULE 2.** Team rosters are required and turned in to the Athletics Office by the first game of the season. New players may be added at any time; to do so, a roster change card must be completed and signed by the manager to release or add a player. A player may be released from a team only once per session. A player may sign only one Adult Volleyball League roster and play on one team per night. Adult Volleyball program director will forfeit all games played by teams that do not have rosters on file at the Athletics office. Minimum age to participate in Adult Volleyball program is 16 years.

**RULE 3.** Each team will play (3) games per match, (2) matches each night. Every game that is won will constitute 1 point in the league standings.

**RULE 4.** As a player on a team, you are not permitted to play in the same league on another team or in another league on the same night. **Illegal player must be protested to official at beginning of game or match. See protest rule #20.**

**RULE 5. LEAGUE AWARDS:** A fifteen (15) dollars coupon will awarded to the team finishing 1<sup>st</sup> in official standings. League standings are determined by game and not match win/loss records. In the event of records causing teams to be tied for a place finish, the tie will be broken in the following manner: A) Head-to-head meetings. The team with the most wins will receive the higher place finish. B) If still tied, the team that has scored the most points in those head-to-head matches wins out. C) If still tied, placement will be decided by a coin toss at Athletics Office.

**RULE 6. UNIFORMS:** It is recommended that all team members wear the same color of jersey. **No outdoor or hard-soled shoes are allowed. All players must wear proper Athletic shoes. No bare feet will be allowed in indoor play.**

**RULE 7.** A team not appearing or ready to play five (5) minutes after scheduled match time constitutes a forfeit of the first game. Ten (10) minutes after scheduled match time constitutes a forfeit of the second game. The match is forfeited fifteen (15) minutes after scheduled match time.

**RULE 8. Corec: Men cannot spike.** A spike is defined in the Official rulebook as ***“an attack play in which the ball is forcibly hit into the opponents court with a one-hand overhead motion.”*** (Rule 9, Section 5, Art 1, sub-sections b1)

**RULE 9.** All league teams must have at least four (4) players to play. Corec must have at least one team member of the opposite gender to play, (i.e. 3 men, 1 woman or 3 women, 1 man).

**RULE 10. Rally Scoring: A point is scored each time there is a side out. Game #1 and Game #2 end at 25 points and Game #3 ends at 15 points.** There is a fifteen (15) minute time limit per game. At the end of fifteen (15) minutes any team ahead by two (2) points or more is the winner. If the score is tied, play will continue until one team has a two (2) point advantage. A match may be moved to adjacent court if assigned officials agree that doing so would lessen delays to teams, facility staff, and officials.

**RULE 11. Let Serve:** A ball contacting and crossing the net shall remain in play provided that the ball is entirely within the net antennas.

**RULE 12.** Server must wait for the official's signal to serve. Penalty: side-out. Serving area shall be behind end line and from sideline to sideline. The first server of the game is the player in the right back position. When a team is awarded a side-out, the player in the right front position rotates to the serving area.

**RULE 13.** Rotation is clockwise. Rotation substitutions must be made when ball is dead, and at the center back position. Rotation is to remain constant, once you start a rotation order you must keep your players in that order the remainder of the game. Any players arriving late may enter at center back position upon their team's next rotation for serve. Shawnee County Parks and Recreation Adult Volleyball will not follow the libero rules and guidelines.

**RULE 14.** All matches begin with a coin toss to decide serve or side. The team that lost the previous game shall have the first serve in the succeeding game.

**RULE 15. No player shall break the plane of a non-playable area such as adjacent courts scheduled for play.**  
**Penalty: Side Out**

**RULE 16.** GROUND RULES FOR SERVING PROCEDURE: One foot may cross the baseline prior to serve only at the following centers: Crestview and Oakland-North Side, Garfield-West Side, Hillcrest-West Side.

**RULE 17. Playable area.** When a wall, floor obstacle or non-playable area that is less than 6 feet from boundary line, or non-player causes the interference, a replay is declared provided the player had a legitimate play on the ball. When in the judgment of the referee, the ball would have remained in play had a vertical backboard not been over the playable area, a replay is granted. In all other situations, a loss of rally/point is awarded to the opponent.

**RULE 18. Player contacting the ball.** Legal contact is a touch of the ball by **any part of a players body** which does not allow the ball to visibly come to rest or involve prolonged contact with a player's body. (Rule 9, Section 4, Art 5)

**RULE 19.** All children must be supervised during the entire time league matches are in play.

**RULE 20. PROTEST: JUDGEMENT CALLS MAY NOT BE PROTESTED.** An oral protest statement must be made to the official at the time of the incident, prior to resuming play. **ANY PROTEST MADE AFTER PLAY HAS RESUMED OR AFTER THE GAME HAS ENDED WILL NOT BE RECOGNIZED OR ACCEPTED.** The official will immediately notify the opposing manager and record the protest on the scoresheet. The protesting manager and official must both sign the scoresheet. **ALL PROTESTS MUST BE SUBMITTED TO THE ATHLETICS OFFICE** within 24 hours, except for Friday games,

when the deadline is 5:00 p.m. the following Monday. Protest must be detailed in writing and submitted with a \$25.00 PROTEST FEE. If protest is denied the protest fee will be forfeited to league funds. Decisions by Athletics Office are final. Matches may be protested for the entire evening when a protest SPECIFICALLY IDENTIFIES USE OF AN ALLEGED ILLEGAL PLAYER.

**RULE 21.** UNSPORTSMANLIKE CONDUCT: Any player, team, coach, or spectator who displays any form of unsportsmanlike conduct such as vulgar language, disrespect or deceit, shall be penalized in the following manner: A) An immediate point/side-out shall be awarded to the opposing team. B) In the event of a second unsportsmanlike conduct the first time, the official may eject player/spectator. WHEN A PLAYER IS EJECTED HE/SHE IS AUTOMATICALLY SUSPENDED FOR A MINIMUM OF 2 PLAYABLE MATCHES. During time of suspension, an individual will be suspended from all activities that Shawnee County Parks and Recreation is directly or indirectly involved with for the duration of suspension. In addition, team will be placed on probation for the remainder of season. Fees will not be refunded. ANY PERSON EJECTED SHALL LEAVE FACILITY IMMEDIATELY. FAILURE TO LEAVE FACILITY WILL RESULT IN FORFEITURE OF MATCH BY TEAM.

**RULE 22.** Shawnee County Parks and Recreation Adult Volleyball leagues are designed solely for the recreational values derived by players, managers and spectators from the sport of Volleyball. Any player, coach, spectator who engages in fighting or obviously attempting to injure anyone, threatening or purposely touching a league official before, during or after a game will be suspended from the League and/or all leagues or activities Shawnee County Parks and Recreation is directly or indirectly involved with for a period of time to be decided by the Athletics Office. In addition, ejected player will be placed on probation. Fees will not be refunded. The coach or manager shall be responsible for the actions of his/her players and spectators and for informing team members of all rules. Badgering or taunting the opponents, officials or spectators is prohibited.

**RULE 23.** Use of alcoholic beverages, tobacco, or drugs is prohibited at all adult volleyball Shawnee County Parks and Recreation and USD 501 league sites.

**RULE 24.** The Athletic Dept. strongly urges Volleyball participants to remove all jewelry for their own safety and that of others. If however, rings cannot be removed in the judgment of the wearer, they must be completely taped over prior to play. Provide your own tape. In all cases, the wearer assumes all risks of injuries to themselves and others.

**RULE 25.** **NO** Scores and standings will be kept in non-officiated recreational leagues. Non-officiated recreational league will follow competitive league format using rally scoring and a 15 minute time limit per game. No exceptions.

**RULE 26.** **Net heights.** Women's, Corec and Men's 50+ leagues will have a net height of 7 feet, 4"1/8 inches. Men's net height will be 7 feet, 11 5/8 inches.

**RULE 27.** We will work with every team manger as best as possible when devising their team schedule. Once a game has been scheduled and released online we will not reschedule a game unless your team pays a \$20 reschedule fee. The coach/manager must contact the athletic office and the opponent prior to the request being made. The reschedule fee will need to be paid before the game will be rescheduled fourteen (14) days in advance of the original schedule date.

**COURT NUMBERING by facility:**

Central Park CC	Court #1/South End Court #2/North End	Chase MS	Court #1/West End Court #2/East End
Garfield CC	Court #1/ South End Court#2/ North End	Eisenhower MS	Court #1/South End Court #2/North End
Crestview CC	Court #1/ East End Court #2/ West end	French MS	Court #1/ North End Court #2/ South End
Hillcrest CC	Court #1/South End Court #2/ North End	Landon MS	Court #1/West End Court #2/East End
Oakland CC	Court #1/West End Court #2/ East End	Jardine MS	Court #1/South End Court #2/ North End

**FACILITY ADDRESSES ARE:**

Central Park Ctr -1534 SW Clay  
Chase Middle School - 2250 NE State  
Crestview Ctr - 4801 SW Shunga Dr  
Eisenhower Middle School - 3305 SE Minnesota  
French Middle School - 5257 SW 33<sup>rd</sup>

Garfield Ctr - 1600 NE Quincy  
Hillcrest Ctr - 1800 SE 21st  
Jardine Middle School - 2600 SW 33rd  
Landon Middle School - 731 SW Fairlawn  
Oakland Ctr – 801 NE Poplar

**ATHLETICS OFFICE INFORMATION:**

Oakland Athletics Office:  
801 NE Poplar, 66616  
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