

# **Volleyball Recreation Rules 3<sup>rd</sup>-9<sup>th</sup> Grades**

## **THE SERVE**

- (A) Server must serve from behind the restraining line (end line) until after contact.
- (B) Ball may be served underhand or overhand.
- (C) Ball must be clearly visible to opponents before serve.
- (D) Served ball may graze the net and drop to the other side for point.
- (E) First game serve is determined by a coin toss or rock, paper, scissors, second game will be the loser of the first coin toss or rock, paper, scissors and if we go to a third game we will do an additional coin toss or rock, paper, scissors.
- (F) Serve must be returned by a bump only. No attacking a serve.

## **SCORING**

- (A) Rally scoring will be used.
- (B) There will be a point scored on every score of the ball.
- (C) Offense will score on a defense miss or out of bounds hit.
- (D) Defense will score on an offensive miss, out of bounds hit, or serve into the net.
- (E) The first two games will be played to 20 pts. If there is a third game it will be played to 15.
- (F) Must win by 2 points.

## **ROTATION**

- (A) Teams will rotate each time they win the serve.
- (B) Players shall rotate in a clockwise manner.
- (C) There shall be 4-6 players on each side.

## **PLAYING THE GAME (VOLLEY)**

- (A) Maximum of three hits per side
- (B) Player may not hit the ball twice in succession (A block is not considered a hit).
- (C) Ball may be played off the net during a volley and on serve.

- (D) A ball touching a boundary line is good.
- (E) A legal hit is contact with the ball by a player's body above and including the waist which does not allow the ball to visibly come to a rest.
- (F) If two or more players contact the ball simultaneously, it is considered one play and the players involved may not participate in the next play.
- (G) A player must not block or attack a serve.
- (H) Switching positions will be allowed only between front line players. (After the serve only).

## **BASIC VIOLATIONS**

- (A) Stepping on or over the line on a serve.
- (B) Failure to serve the ball over the net successfully.
- (C) Hitting the ball illegally (Carrying, Palming, Throwing, etc.).
- (D) Touches of the net with any part of the body while the ball is in play. If the ball is driven into the net with such force that it causes the net to contact an opposing player, no foul will be called, and the ball shall continue to be in play.
- (E) Reaching over the net, except under these conditions.

1 – When executing a follow-through

2 – When blocking a ball which is in the opponents court but is being returned (the blocker must not contact the ball until after the opponent who is attempting to return the ball makes contact). Except to block the third play.

- (F) Reaches under the net (if it interferes with the ball or opposing player).
- (G) Failure to serve in the correct order.
- (H) 2 time outs per game.
- (I) Sportsmanship points will be kept.

## **3/4<sup>th</sup> GRADE EXCEPTIONS**

**If the player serving side-outs their first attempt, they will be allowed to have a re-serve. A re-serve will only be allowed on that players first serve. Once they've scored, a side-out will result in the other team taking over possession of the serve.**

**Servers are only allowed to score a maximum of 5 points per turn serving. Once they've scored 5 consecutive points, it will automatically default to the other team to serve.**