

IX. JBO LEAGUE PITCHING REGULATIONS, ALL LEVELS

- A. The pitch count is based on pitches thrown for strikes, balls, foul balls, and outs. Warm-up pitches, pick off attempts, 'no pitch' call by the umpire do not count towards the pitch count.
- B. A pitcher who throws a warm-up pitch must pitch to one batter.**
- C. The maximum number of pitches is based on the level of play. Specific rest periods are in place when a pitcher reaches specific thresholds of pitches delivered in a day.
- D. There shall be free defensive substitutions at all positions, excluding pitchers. Once a pitcher has been removed from the mound during the course of the game, they may not re-enter for any reason as a pitcher, for the duration of the game.

PITCH COUNT CHART

Division	Pitch Count	Days Rest	Max. Per Day						
Seniors	1-30	0	31-45	1	46-65	2	66+	3	95
Juniors	1-20	0	21-35	1	36-55	2	56+	3	85
Minors	1-20	0	21-35	1	36-55	2	56+	3	75

- E. EXCEPTION #1: A pitcher reaching the maximum daily pitch count limit in the middle of an at bat is allowed to finish that batter without penalty.
- F. EXCEPTION #2: A pitcher reaching a day(s) of rest threshold in the middle of an at bat is allowed to finish that batter. The pitcher will only be required to observe the calendar day(s) of rest for the threshold he/she reached during that at-bat, providing that pitcher is removed before delivering a pitch to another batter.
- G. EXAMPLE #1: if a Senior pitcher pitches more than 66 pitches on Tuesday, he may not pitch again until Saturday.
- H. EXAMPLE #2: if a Minor or Junior pitcher pitches 48 pitches on Monday, he may not pitch again until Thursday.
- I. EXAMPLE #3: if s Senior division pitcher pitches 30 pitches on Tuesday, he may pitch the next day.
- J. At all divisions of play, in a double-header league contest, a pitcher may pitch in 2 games in the same day, provided they do not pitch more than 20 pitches (Minors/Juniors) or 30 pitches (Seniors) in the first game.
- K. MONITORING PROCESS: each team's scorekeeper or designated official tracks the pitch counts. After each half-inning, the scorekeepers confer with each other. If there is a conflict, home book's count becomes official. It is the head coach's responsibility to know when his/her pitcher needs to be removed. Pitch counts for each pitcher are logged on the game card, which is signed by each coach at the conclusion of the game. Game cards must be submitted by the winning team to the governing District within 24 hours of game completion.
- L. DAYS OF REST: 1 calendar day equals 1 day of rest.
- M. PITCHING RULE FOR A CONTINUATION GAME: see section VIII Letter U.
- N. VIOLATION OF THIS RULE: The team in violation forfeits the game in which the violation occurred; the head coach is suspended for one game.