

ARPA Basketball Rules

Age Group	Ball Size	Quarters	Goal	Free Throw	Clock Stops	Pressing
8 & Under	Boys - 28.5 Girls - 28.5	6 Mins	8 FT	12 FT Lineup below the block	All Whistles	No Pressing (See comment below about 4 th Quarter)
9 & Under	Boys - 28.5 Girls - 28.5	6 Mins	10 FT	12 FT Lineup below the block regardless if player shoots from 15 FT line	All Whistles	No Pressing until the 4 th quarter No Press if ahead by 20 or more points
10 & Under	Boys - 28.5 Girls - 28.5	6 Mins	10 FT	12 FT Lineup below the block regardless if player shoots from 15 FT line	All Whistles	No Pressing until the 4 th quarter No Press if ahead by 20 or more points
11 & Under	Boys - 29.5 Girls - 28.5	6 Mins	10 FT	15 FT	All Whistles	No Press if ahead by 20 or more points
12 & Under	Boys - 29.5 Girls - 28.5	6 Mins	10 FT	15 FT	All Whistles	No Press if ahead by 20 or more points
14 & Under	Boys - 29.5	6 Mins	10 FT	15 FT	All Whistles	No Press if ahead by 20 or more points
18 & Under	Boys - 29.5	8 Mins	10 FT	15 FT	All Whistles	No Press if ahead by 20 or more points

Timeouts & Overtime

- * Warm-ups – Minimum of 5 Minutes
- * Game Time – Do not start early (extend warm-ups)
- * **(3) Full Timeouts & (2) 30 Sec Timeouts** per game (one additional timeout during overtime)
- * Between Quarters – 1 Minute
- * Halftime – 6 Minutes
- * Overtime – 3 Minutes

Miscellaneous Rules

- Mercy Rule – Once a team gets a 30 point lead the clock will not stop during the second half. (except timeouts)
- Technical foul will be given for illegal uniform numbers
- Only 1 coach is allowed to stand (3 coaches max per bench)

8 & Under: During the last (1) one minute of the 4th quarter & Overtime, the clock will stop on every made basket until the ball crosses mid-court. Also, the clock will not start until the ball crosses mid-court following a dead ball. Clock will start on missed free-throws once the ball is touched.