

LCSL Rules Quick Reference
Updated 04/02/2014

Age Group	U7	U8/U9/U10	U11 / U12	U13/U14/U15
Field (Min)	30 x 35	35 x 40	40 x 70	70 x 110
Field (Max)	45 x 50	45 x 60	55 x 80	80 x 120
Field (Recommended)	40 x 50	45 x 60	50 x 70	70 x 110
Goal Size	Min – hockey Max – 6x12	6 x 18	7 x 21	8 x 24
Roster (Max)	10	12	14	18
Players (On Field)	5	6	8	11
Goalkeeper	Yes	Yes	Yes	Yes
Players (Minimum On Field)	4	5	7	10
Ball Size	Size 3	Size 4	Size 4	Size 5
Time	4 x 10	2 x 25	2 x 30	2 x 35
Kick-Off	Indirect	FIFA	FIFA	FIFA
Passback To Keeper	FIFA (Indirect)	FIFA (Indirect)	FIFA (Indirect)	FIFA (Indirect)
Offsides Enforced	No	No	Yes	Yes
Free Kicks	All Indirect	FIFA	FIFA	FIFA
Free Kick Distance	6 Yards	8 Yards	8 Yards	10 Yards
Penalty Kicks	No	Yes	Yes	Yes
Throw-In	Retake	FIFA	FIFA	FIFA