

LAYTON CITY PARKS & RECREATION
ADULT VOLLEYBALL PROGRAM
REVISED January 5, 2023

Adult Sports Info @ www.laytoncity.org

The **philosophy and intent** of the Layton City Parks & Recreation Adult Volleyball Program is to provide participants with an opportunity to associate and play the game of volleyball in a structured, but recreational manner.

The volleyball program inspires area residents regardless of sex, race, creed, or color to practice the ideals of sportsmanship and physical fitness. Also, to provide an athletic or physical contest that is governed by the rules of the sport. By design, the role of the athlete will be emphasized in facilitating equity and safety among participants to promote individual growth and development.

More important than any game are the individual participants and their needs. Our focus is the participant; the game is the tool for working with people. The adult volleyball program will help to bring area residents closer together through common interests in sportsmanship, fellowship, cooperation and sports endeavors.

We urge you as managers to promote this philosophy with your players to maintain the success of the Layton City Adult Volleyball Program.

ADULT VOLLEYBALL SPECIFICS

There will be no pets and roller shoes allowed in the gym.

Communication with Layton City Staff: If you need to speak to a staff member, please refrain from approaching the score tables. There will be a supervisor available assigned to specific courts for you to speak with. This allows the current games to be played without interruption and interference. Thank you.

Communication between teams is NOT ALLOWED. There is no warning; a double forfeit will be awarded.

New teams will start in the Recreation League and have to work their way up to the Comp League. To help keep leagues competitive. Decision will be based on league play.

Official Rules: All games will be supervised by Layton City Recreation and governed by the Federation (High School) Rules. Rulebooks may be purchased at any sporting goods store.

Points to Remember:

- On any first ball traveling over the net may be multiple hits, i.e. arm – head, arm – shoulder, and hand – hand. The exception occurs when the ball rests during contact.
- Players may not block or attack a serve.
- A joust is now legal. This occurs when the play on the ball is on top of the net, which renders the ball motionless by two opponents. Play continues as if the contact was instantaneous.
- Back row players and men cannot spike or attack the ball in front of the ten-foot spiking line.
- A set that is made above the net and goes over by a back row player is considered illegal.
- A back row player shall not attempt or participate in a block.
- A net serve is allowed.

Basketball Standard: If the ball hits the basketball standard on it's way over the net it will be a sideout. If it hits on your side and does not clear the plain of the net and you still have one of your three hits remaining you may continue to play the ball.

Roster: Each team **must** submit a complete team roster, including names and addresses of managers and players **before the first match**. A player's name may only appear on one roster during league play. **Players can not play in both the Recreation and Competitive leagues. A player may only appear on one roster (one team) per season. They can play on one Coed and one Women's team.** Managers are advised to have a full roster in case of an emergency. Players may be added to the roster at any time during league play with knowledge of the addition by the Site Supervisor on duty.

ID's: The site supervisor may ask for the identification from any player he/she feels is violating the rule of using someone else's name. **ID'S WILL BE REQUIRED AT TOURNAMENT TIME. IF YOU DO NOT HAVE THEM YOU WILL NOT BE ALLOWED TO PLAY. If a team brings in an ineligible player during tournament play, that team forfeits the remainder of the season.**

Age: A player must be **16 years** or older. Those players, who are between the ages of 16 and 18, must have a guardian sign a waiver to play in the adult league prior to playing in matches.

PENALTY: **If a team is caught with a player that is younger than 16 years old that team will forfeit the season with no refund.**

Match Play: A match will be the best three out of five games. The first three games will be scored to 20 points with a cap of 22. If the fourth and fifth games are played, they will be scored to 15 points with a cap of 17. The games will be rally scoring.

Time Outs: Two time outs per game are allowed, not to exceed 30 seconds. One time out allowed in the fourth and fifth game.

Game Time: **Game time is game time.** A **five-minute period** will be allowed for all matches to allow a team to field **four** eligible players. If a team fails to do so, then the first game will be declared a forfeit. The team then has an additional 7 minutes to field four eligible players before the second game is declared a forfeit. The team then has an additional 12 minutes to field four players before the third game and match is declared a forfeit. Altogether teams have a total of 24 minutes to field a team of eligible players. Time between games will be limited to a maximum of 1 minute. **Players must be on the court ready to play** or we will keep the clock running and you will forfeit the game and/or match. **Game time will be up to the scorekeeper.**

Eligible Players: Players that are on the team's roster and the code of conduct will meet the qualifications to play in Layton City's Adult Volleyball League. Any team caught with an ineligible player will forfeit the remainder of the season without a refund.

Players need to be appropriately dressed. Please remember that we are a family organization.

Tournament Eligibility: A player must participate in at least **TWO** of his/her league **MATCHES** to be eligible to play in tournament. **A MATCH IS CONSIDERED THREE FULL GAMES PER MATCH.** **Substitutes will meet one night of eligibility only if they are on the game line-up given to the scorekeeper in the event of a forfeit by the opposing team.** If in the event a substitute comes and the team they are playing on forfeits, the substitute does not meet eligibility requirements. **It is the manager's responsibility to fill out a line-up card. Please use names listed on the roster. No nick names if they were not listed on the team roster.** If one has not been filled out, then no one will meet eligibility requirements for that evening. If a team brings in an ineligible player during tournament play, that team then forfeits the remainder of the season.

Tournament Schedules: **Will be posted on quickscores.** If the "If" game is played in tournament there will be one game to 20 points no cap if the game is scheduled for 9:30pm or 10:30pm.

Protests: Protest must be made on the court, to the scorekeeper and official immediately. The game and match will be completed. The paperwork must be filed in writing to the Recreation Department by 5:00pm the following work day with a \$25.00 protest fee. Any protest fee after the game will not be accepted. If the protest is upheld, the fee will be returned.

Awards: Individual awards are given to the 1st place team in the Tournament. There will be 8 per team.

League Registration: Registration dates for upcoming leagues are usually known prior to current league tournament dates. Check online at www.laytoncity.org.

COED PLAY

Legal Teams may consist of 4, 5, or 6 players. Teams may play with more women than men. Teams may **never have more men** than women on the floor at any given time.

Ball Contact: If a team contacts the ball more than one time during offensive action, a female player must make one of the contacts. There is not a restriction that prevents all three team hits being made by female players. Contact of the ball during blocking action does not count as one of the three-team hits. Therefore, after a block, a male player may play the ball back over the net since contact would be considered to be the first team hit.

- a. A ball contacted more than once by a team, without a female player having contacted it remains alive until it fully crosses the plane of the net or is contacted by an opponent.
- b. If the ball (other than a spiked ball) is contacted more than one time by a team and is directed over the net without being contacted by a female player, the hit does not become an illegal hit unless the ball passes fully beyond the vertical plane of the net or is legally blocked.
- c. **A man may not power hit.** A power hit = any ball that is hit in front of the 10' line with an arm swing at the net forcefully driving the ball downward toward the floor.
- d. The serving order and positions on the court at service shall be an alternation of male and female, or vice-versa.
- e. If there is an injury to a female player and you do not have a substitute, your team will have to rotate your men into the game. You cannot play with more men than women.

Conduct: As the manager or team representative, I consider you to be responsible for your team. I **know** that each of you will be going over the Code of Conduct and Rules with each of your players, as they each must sign the Code of Conduct and the Team Roster. The officials have been encouraged to be quick to correct any abusive language or actions that fall within the Code of Conduct. My personal philosophy, **THERE ARE NO WARNINGS.** "If your behavior would offend any member of my family or embarrass yours", any recreation

department personnel, at any time, has the right to ask you to leave the court and possibly the program.

In the case of an ejection, the ejected member of the team must leave the premise of the gymnasium and will not be allowed to come back to the gymnasium for the remainder of the evening. The ejected member is penalized for another game and may not be allowed to play. If the next game falls on a different evening, the player may come to lend morale support, but is not allowed to play.

THIS IS YOUR AND YOUR TEAMS ONLY WARNING:

If you or any of your teammates bring children to the gymnasium, **PLEASE** have a responsible adult there to **WATCH** your children. It is because of safety reasons that we will be enforcing appropriate childcare at the gymnasiums. If a match must be stopped due to children throwing balls onto the court, or they themselves running on the court, or they are running around in the halls or bathrooms of any facility; your team is given a “yellow card”. A second card, or “red card”, will be given on the second violation. At this time, the guardian of said children would be asked to leave the facility. If that means your team is down a player and can not be replaced, your team then forfeits the match.

Layton City Parks & Recreation reserves the right to amend or make additions to the rules, as they deem necessary. If you have any questions, please call Natalie Flint @ 801-336-3922.

Schedules will be available on quickscores(www.quickscores/laytoncity).