

JL Sorenson Recreation Center Pool Schedule & Information

Lap Pool Lane Availability: Spring 2024

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
10:30am - 2:30pm	5am - 9am 8 Lanes	5am - 9am 8 Lanes	5am - 9am 8 Lanes	5am - 9am 8 Lanes	5am - 9am 8 Lanes	6:30am - 8am 2 Lanes
	9am - 11am 3 Lanes	9am - 11am 3 Lanes	9am - 11am 3 Lanes	9am - 11am 3 Lanes	9am - 11am 3 Lanes	8am - 12pm 5 Lanes
Diving Boards Open 2 Lanes available width length of pool	11am - 3pm 8 Lanes	11am - 3pm 8 Lanes	11am - 3pm 8 Lanes	11am - 3pm 8 Lanes	11am - 3pm 8 Lanes	12pm - 8pm
	3pm - 4:30pm 5 Lanes	3pm - 4:30pm 5 Lanes	3pm - 4:30pm 5 Lanes	3pm - 4:30pm 5 Lanes	3pm - 4:30pm 5 Lanes	Diving Boards Open
	4:30pm - 8pm 2 Lanes	4:30pm - 8pm 2 Lanes	4:30pm - 8pm 2 Lanes	4:30pm - 8pm 2 Lanes	4:30pm - 5pm 8 Lanes	2 Lanes
	8pm - 9pm 8 Lanes	8pm - 9pm 8 Lanes	8pm - 9pm 8 Lanes	8pm - 9pm 8 Lanes	5pm - 9pm 2 Lanes (width length)	Available width length of Pool

Leisure Pool Open Hours

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
10:30am - 2:30pm	3pm - 8pm	3pm - 8pm	3pm - 8pm	3pm - 8pm	3pm - 8pm	12pm - 8pm

* Times are subject to change without notice. Swim meets, Monthly lifeguard trainings, & Swim Lessons can effect available in both pools. No Water features will be on in the Leisure Pool during Swim Lessons *

Monday - Thursday 4pm - 8pm

Swim Lesson and Water Aerobics Information on the other side of this form.



For inclusion opportunities for people with disabilities, contact (385) 468-1520 or InclusionRec@slco.org.



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Water Aerobics

Monday	Tuesday	Wednesday	Thursday	Friday
Combo Challenge: 9am - 10am	Water Aerobics 9am -10am & 10am - 11am	Deep Water H2O Bootcamp: 9am - 10am	Hydro Tone Lap Pool 9am - 10	Aqua Zumba: 9am - 10am
Seniors: 10am - 11am	Interval Toning: 8pm - 9pm	Tsunami Boards: 10am - 11am	Deep Water 10am - 11 am	Seniors 10am - 11am

Swim Lessons Availability

Monday	Tuesday	Wednesday	Thursday	Saturday
4pm - 8pm	4pm - 8pm	4pm - 8pm	4pm - 8pm	9am - 12pm

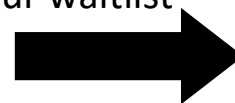
*** No Water features will be on in the Leisure Pool during Swim Lessons. ***



Interested in Group Lessons? Please scan the QR Code to see what is offered



Interested in Private Lessons? Please scan this QR Code to be added onto our waitlist



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