

Frequently Asked Basketball Questions

	Players	Ball Size	Goal Height	Defenses Allowed	Standings Kept	Game Length
4 years old	4 on 4	Junior 27	6 ft 6 in	Man only w/ wristbands	No	(4) eight minute quarters
6 and under	5 on 5	Junior 27	7 ft 6 in	Man only w/ wristbands	No	(4) eight minute quarters
8 and under	5 on 5	Junior 27	8 ft 6 in	Man only w/ wristbands	No	(4) eight minute quarters
9 and 10 Developmental	5 on 5	Women's 28.5	10 ft	Man or Zone No wristbands	Yes	(4) eight minute quarters
9 and 10 Spirit	5 on 5	Women's 28.5	10 ft	Any	Yes	(2) twenty minute halves
11 and 12 Dev.	5 on 5	Boys - Official Girls- Women's	10 ft	Man or Zone No wristbands	Yes	(4) eight minute quarters
11 and 12 Spirit & 16U Metro League	5 on 5	Boys - Official Girls- Women's	10 ft	Any	Yes	(2) twenty minute halves