

CONSTITUTION AND BY-LAWS



ARTICLE I NAME

This organization shall be known as the **Cross Timbers Conference (CTC)**. This constitution governs all activities in the conference beginning August 2024 or as amended.

ARTICLE II MEMBERSHIP

Section 1

Member Campuses & Districts	
Alvarado Junior High (6-8)	Alvarado ISD
Brock Junior High (6-8)	Brock ISD
McCarroll Middle School (6-8)	Decatur ISD
Glen Rose Junior High (6-8)	Glen Rose ISD
Godley 6th Grade Campus Godley Middle School (7-8)	Godley ISD
Gilbert Intermediate (6) Henderson Junior High (7-8)	Stephenville ISD

Section 2

District membership in the conference will be by invitation. New members will be accepted when approved by the majority of current members. However, districts that are currently represented will be allowed to add schools as their district grows/adds new schools.

ARTICLE III PURPOSE

Section 1

To furnish boys and girls a regular schedule of activities: Cross Country, Volleyball, Football, Basketball, Track and Field, One-Act Play, Art Show, UIL Academic Competition, and other competition as approved by the Board of Directors of the Cross Timbers Conference.

Section 2

To furnish a schedule of activities which seeks as its chief purpose friendly rivalry, new friendships, improved playing skills, better community relations, and good healthy sportsmanship. It is fully intended that the rules of the game are similar to the rules of everyday living.

Section 3

Any member schools wanting to compete against each other in other athletic or scholastic events may do so without penalty. Examples: Chess Club, Tennis, Golf, Academics, Soccer, etc. The Board of Directors will approve rules for those events not covered by the UIL Constitution and Contest Rules.

ARTICLE IV GOVERNMENT

This conference shall be governed by the Board of Directors who shall be the Principal or his/her designee of each school represented in the conference. Respective coaches and directors of the represented districts will be ex-officio members.

A school shall be named chairperson to serve for a period of one year on a rotating basis as outlined in Article II Section 1.

ARTICLE V DUTIES OF THE CONFERENCE CHAIRPERSON

- A) To call and preside at all meetings.
- B) To convene special meetings of the board as needed.
- C) To decide upon the time and place of the meetings.
- D) To appoint committees for special work in connection with the organization.
- E) To coordinate and submit all schedules to other member schools.
- F) The conference chairperson will make final rulings on all NEW CONFERENCE issues.

ARTICLE VI AMENDMENTS

This constitution and by-laws may be amended or changed at meetings of the board only by a majority of all members and after at least one week's notice by the chairperson to all members. This notice may be waived by a majority vote of the board.

ARTICLE VII INTERPRETATIONS

Section 1

The authentic interpreter of the constitution and by-laws is the assembly of the Board of Directors. A majority vote of the members shall be sufficient to decide any question of doubt.

Section 2

Such decisions shall thereby become an authentic and permanent interpretation of the point in question and shall be considered part of the article to which it pertains. All such interpretations shall be incorporated into these constitutions and by-laws in the appendix.

Section 3

All contests and games will be governed by the current UIL Constitution and Contest rules.

ARTICLE VIII MEETINGS

Section 1

The Board of Directors shall meet in the fall, again in the spring and as otherwise needed. Schedules of all activities for the next year will be created and approved at the spring meeting(s). Any matter concerning the season will be discussed at the fall meeting(s).

Section 2

The meetings will be held in the chairperson's district, unless otherwise specified.

Section 3

For the Fall Meeting, each school's Principal or designee, Athletic Coordinator or designee, UIL Coordinator, One Act Play Director, and Art Coordinator will be in attendance. For the Spring Meeting, each school's Principal or designee, Athletic Coordinator or designee, UIL Coordinator, One Act Play Director, and Art Coordinator will be in attendance. The Principal or designee will have voting privileges in executive sessions.

ARTICLE IX PRESENCE AT MEETINGS

Section 1

Each school should feel it is their duty in interest of the common good to be represented at every meeting convened.

Section 2

Each school shall have only one vote on any question that may arise in the assembly.

Section 3

A majority of the Board of Directors shall constitute a quorum.

ARTICLE X VOTING

Section 1

No absent member is in any way entitled to a vote in assembly. However, a representative designated by the Principal or designee may cast a vote.

Section 2

Voting may be an open or secret ballot at the discretion of the chairperson.

ARTICLE XI ATHLETICS CLASSIFICATION

Section 1

BOYS (Grades 7 and 8)

1. Football – **A** and **B** teams
2. Basketball – **A** and **B** teams
3. Track and Field
4. Cross Country

GIRLS (Grades 7 and 8)

1. Volleyball – **A** and **B** teams
2. Basketball – **A** and **B** teams
3. Track and Field
4. Cross Country

(C teams may be scheduled as available.)

Section 2

Eligibility shall be determined by the current UIL Constitution and Contest Rules.

ARTICLE XII PROTESTS

Section 1

A game or contest in which an ineligible or disqualified player takes even the slightest part, is by the fact an illegal contest and the offending school shall forfeit the contest to the non-offending school regardless of the score or results.

Section 2

A phone call by the non-offending school should precede a written protest to the chairperson on any protested contest.

Section 3

Any questions on the eligibility of a contestant shall be verified by school records.

Section 4

Any violation or non-adherence to any of the rules set forth by this constitution/by-laws shall be handled via the following:

1. Call the offending school.
2. If there was a disregard to any rules set forth in this constitution/by-laws, the offending school should automatically forfeit the game to the non-offending school regardless of the score/results.
3. If there is a dispute that cannot be resolved in the above manner, then and only then is it taken to the Board of Directors to rectify.
4. If a Coach/Director violates rules a second time they should be brought before the Board of Directors.
5. If a written protest is necessary, all Cross Timbers Conference (CTC) rules will be preempted by UIL contest rules.

ARTICLE XIII COMPETITION

Section 1

Admission

The admission for each of the athletic events shall be as follows:

- A) Employees of the host school will be allowed to use their school pass/ID
- B) Adults - \$3.00
- C) Students - \$2.00
- D) Senior Citizens – Free/Local ISD Policy Governs
- E) Children Below School Age & Administrators – Free
- F) Family of Coaches - Free

Section 2

Admission to all other school functions will be mutually agreed upon by the Board of Directors of the Cross Timbers Conference (CTC).

Section 3

Football

Number of Games: No team or student shall compete in more than nine (but recommend eight) football games. A scrimmage counts as one of the allowable games.

Number of Games Per Week: One game or scrimmage may be played per calendar week. There shall be a minimum of five days between contests.

Season for Workouts and Games: Schools shall have 80 consecutive calendar days to practice outside the school day and to complete scrimmages and games. Schools must start their 80 days no later than the date set forth by the UIL calendar for junior high football start deadline. For schools choosing not to start their 80 days on the first day of school, students may be in an athletic period, but cannot participate in any football activities outside the school day until the first day of the 80 consecutive calendar days.

Practice shall not begin prior to the first day of school. Football equipment may be checked out to the players on any one day during the week preceding the first day of school.

The first five days of practice shall consist of the following acclimatization period:

- Day 1 & 2 - shall be conducted without any contact equipment except helmets.
- Day 3 & 4 - helmets, shoulder pads and padded girdles (shells) may be worn, but no player to player contact is allowed.
- Day 5 - helmets, shoulder pads and padded girdles (shells) may be worn, and player to player contact is permitted.

During the five-day acclimatization period: no full contact activities shall be permitted. All student athletes who arrive after the first day of practice are required to undergo a five-day acclimatization period. No inter school scrimmages or games shall be allowed until after a period of at least seven days of contact football.

During the season: football players are not allowed to participate in more than ninety (90) minutes of full contact practice per week. See the UIL Junior High Coaches Manual for explanations of full contact.

Off-Season Workouts: Accelerated physical education activities, calisthenics, individual football skills, strength training or conditioning exercises may be conducted during the school term within the school day, (provided such activities do not exceed one regular class period

not to exceed 60 minutes per day or 300 minutes per week on a block schedule). Practice may include 11-on-11 drills without contact equipment or activities. Activities before or after school or during the lunch period are specifically prohibited. Allowed equipment is limited to a football, shoes with cleats, passing and punting machines and physical education attire. Air or padded blocking dummies or devices, and other similar devices are prohibited. See Section 1206 (d).

Preseason or Summer Practice for Junior High or Elementary School Students Eighth Grade and Below: Pre-Season practices are prohibited. Schools shall not hold any preseason football practice in junior high school (eighth grade and below) or elementary school, individual or team, prior to the opening day of school. Spring training for eighth grade and below is prohibited. Schools shall not conduct any spring training either in elementary school or junior high school (eighth grade and below) the preceding spring

Exception for Ninth Graders Not on High School Campus: Students in the ninth grade may participate in spring training in Conference 6-A and 5-A schools provided that such participation is on a site and at the same time as the high school squad practices and that said high school is the one which the ninth-grade students will attend the following fall.

Violations: Penalty for violations shall be assessed by the appropriate executive committee.

Tied Games: The NCAA tiebreaker system shall not be used by junior high school teams.

GAME START TIME: 5:00 pm.

ORDER OF GAMES:

8th Grade B/A

7th Grade B/A

Games will be played in the following order unless mutually agreed upon by both teams.

WARMUP:

Five (5) minutes

LENGTH OF GAME:

B Team - two (2) - 20 minute halves with a running clock

7A Team - four (4) - seven (7) - minute quarters

8A Team - four (4) - eight (8) - minute quarters

HALF-TIME:

Five (5) minutes

MERCY RULE:

If a team is up by 30 points at any time after halftime, the clock will continue running except during transitions, change of possessions, and touchdowns/extra points.

PAT:

1 point on extra points

TYPE OF BALL: Each team is responsible for providing their own regulation size leather game ball.

OFFICIALS: The home team is to furnish a minimum of three officials. If three officials are not available the game officials will be mutually agreed upon by both coaches.

TIMERS AND SCORES: If there is not a clock available, the time will be kept on the field by the officials. If available, this will be kept by an adult.

MISC:

Visiting team will run the chains.

Home team will provide water for both teams.

JERSEY COLOR: The home team will always wear dark jerseys. The visiting team will wear light colored jerseys. If a conflict regarding jersey color arises, coaches shall mutually agree on colors.

SHOES: Soccer or canvas top cleats. Shoes with metal cleats are not permitted.

Section 4**Volleyball**

Grades 7 A/B will be played on the same night (Monday/Thursday) as 8 A/B at the same site. All teams will play an official match; best 2 out of 3 games to 25.

Number of Matches: No team or girl shall compete in more than 12 matches and two invitational or district tournaments. Two matches may be substituted in place of a tournament. If a team or student does not play in any invitational or district tournaments, four additional matches may be played. A scrimmage counts as one of the 12 matches.

Number of Matches Per Week: One match or dual match or scrimmage may be played per calendar week. A tournament may be played in the same calendar week of a match.

Number of Tournament Matches Per Day: Contestants or teams shall play no more than three tournament matches per calendar day, except contestants or teams may play in four matches per calendar day in a one-day tournament scheduled on a Saturday.

Season for Workouts and Matches Traditional School Years: Practice shall not begin prior to the first day of school. Schools shall have 86 consecutive calendar days to practice outside the school day and to complete scrimmages and matches. Volleyball equipment may be checked out to the players on any one day during the week preceding the first day of school. The season can be held anytime during the school year, provided it does not exceed the number of consecutive calendar days listed above.

Non-traditional School Years: Schools should schedule their season to coincide with the schools in the UIL playing district they will compete against.

GAME START TIME: 5:00 pm

ORDER OF GAMES:

8th Grade B/A

7th Grade A/B

Games will be played in the following order unless mutually agreed upon by both teams.

WARMUP:

3-minute warm-up

3-minute hit (separate)/dig (visiting team net)

3-minute hit (separate)/dig (home team net)

2-minute serve (together)

GAME MATCHES DEFINED: A game shall be defined as when a team has scored 25 points and is at least two points ahead. A match shall be defined as when a team has won two games out of three. Teams will play 2 out of 3 games to a score of 25 with a cap of 30.

Each team must furnish a line judge for each match.

THERE WILL BE NO DEROGATORY/UNSPORTSMANLIKE YELLING DURING SERVES FROM THE BLEACHERS OR BENCH.

TYPE OF BALL: The home team is responsible for providing a regulation leather size game ball, and warm-up balls for both teams.

OFFICIALS: The home team is to furnish two officials. If two are not available, the match may be played with one official. This must be mutually agreed upon before the matches begin.

SCORES AND TIMERS: Adults will be used for these positions.

JERSEY COLOR: No rule on jersey colors for volleyball except for the libero.

SHOES: Some type of non-marking shoe must be worn.

Section 5

Basketball

Number of Games: No team or student shall compete in more than 12 games and two invitational or district tournaments. Two games may be substituted in place of a tournament. If a team or student does not play in any invitational or district tournaments, four additional games may be played. A scrimmage counts as one of the 12 games.

Number of Games Per Week: One game or scrimmage may be played per calendar week. A tournament may be played in the same calendar week of a game.

Number of Tournament Games Per Day: Contestants or teams shall play no more than two tournament games per calendar day, except contestants or teams may play in three games in a one-day tournament scheduled on a Saturday.

Season for Workouts and Games: Schools shall have 121 consecutive calendar days to practice outside the school day and to complete scrimmages and games. The season can be held anytime during the school year, provided it does not exceed the number of consecutive calendar days listed above.

Eight Minute Quarters: Junior high schools may, by mutual consent, play eight-minute quarters. See UIL Basketball Manual.

GAME START TIME: 5:00pm

ORDER OF GAMES:

8th Grade B/A

7th Grade A/B

Games will be played in the following order unless mutually agreed upon by both teams.

LENGTH OF GAME: four (4) - six (6) minute quarters

WARM-UP TIME: six (6) minutes

HALF-TIME: six (6) minutes

MERCY RULE: Regular clock will be used until the 4th quarter. During the 4th quarter, at any point that a team is 30 points ahead of their opponent the clock will run continuously except

for time-outs, free throws, and team injuries. Even if the score drops from 30 points, the clock will continue to run continuously.

PRESS RULE: There will be no full-court pressing after a team is ahead by 20 or more points. If the score drops below 20, a team may resume pressing. Half-court press is allowed at any time. Teams will receive one warning to stop pressing.

OVERTIME PERIOD: three (3) minutes until tie is broken. There is no limit on the number of overtime periods.

TYPE OF BALL: The home team is responsible for providing a regulation size game basketball and warm-up balls for both teams.

OFFICIALS: The home team is to furnish two officials. If two are not available, the game may be played with one official. This must be mutually agreed upon before the game begins.

SHOES: Some type of non-marking shoe is required.

JERSEY COLORS: The home team will wear the light colored jersey and visitors will wear dark colored jersey.

Section 6

Track and Field

NUMBER OF MEETS: The District Track meet will be held at the end of the regular season and will be hosted on a rotation basis/volunteer basis by the member schools. All other track meets are the responsibility of the individual school districts.

ENTRY FEES: The District entry fee will be divided amongst the schools and will include medals, timing systems, hospitality, starter fees, and any other fees incurred by the hosting school.

MEDALS: The hosting school district will be responsible for ordering all medals, ribbons, and plaques.

TRACK MEET START TIMES: Track meets will begin at 2:00 p.m.

OFFICIALS: Set by host schools.

SHOES: Shoes with spikes are permitted. Short spikes only will be allowed on asphalt runways.

DISTRICT MEET NOTES: Coaches will be assigned to work field events.

IN CASE OF A TIE: All field event ties will be broken based on UIL or NFHS track rules.

UIL RULES: All field and running events will follow the NFHS rules.

Section 7

Cross Country

The District Meet will be sponsored on a rotation basis/volunteer basis by the member schools.

Order of Running:

- 7th Grade Girls
- 7th Grade Boys
- 8th Grade Girls
- 8th Grade Boys

Medals: The top ten (10) will receive medals in each division. Medals and team plaques will be provided by the timing system provider.

Number of Participants: No minimum or maximum number of participants

Start Time: Cross country meets will begin at 5:00 p.m.

Distance: 2 miles all divisions

District Meet: This will be held at the end of the regular season. Each school is responsible for providing two (2) workers.

Timing System: Schools will mutually agree on the timing system provider. Entry fees for the meet will be paid to the hosting school.

Section 8

UIL Academic Meet

The UIL Academic Meet may be modified to meet middle school competitive level. All students in Grades 6-8 in member districts will be invited to participate.

The Cross Timbers Conference (CTC) UIL Academic Meet will be held annually. The host school will be on a rotational basis as outlined in Article II, Section 1 unless otherwise agreed on by the board of directors.

Judges: Judges will be set by the host school. All schools should plan to provide personnel for supervision and grading. Each school's UIL Coordinator shall check-in with the host coordinator prior to leaving the event.

Awards: The Cross Timbers Conference (CTC) will provide medals for 1st, 2nd and 3rd place and ribbons for 4th, 5th and 6th place.

Section 9

One Act Play

This contest will be held each year with the date to be determined by the Host School/contest manager at the Fall Meeting.

One act play contest will be held as a festival. Plays that are not on the approved UIL OAP list will be permitted as long as they meet community standards.

UIL seven minute set up and strike will be followed. UIL site rehearsal time of 1 hour will be followed.

Judges: Contest will be judged by a panel of three. Three judges will be hired by the host school/contest manager. Costs will be split among the participating schools.

Awards: The following will be awarded at the conclusion of the contest: 6 Technical Awards (chosen by the directors); 1 All Star Tech Crew (selected by the site crew); 8 Honorable Mention Cast; 8 All Star Cast; 2 Outstanding Performers; 3 plaques (1st, 2nd, and 3rd place), all selected by the judges.

Medals: Gold: technical awards, outstanding performers
Silver: all star cast
Bronze: honorable mention cast

Plaques: Tech Crew
1st - 3rd place

Contest: The contest will be held over two days. The first day of the contest is for site rehearsal. The second day of the contest is for the actual contest, including time set aside for the director's meeting.

Additional information can be located in the [Cross Timbers Conference OAP handbook, linked here.](#)

Section 10

Art

All UIL rules and regulations will be followed.

The Cross Timbers Conference (CTC) Art Show will be held annually on a rotational/volunteer basis. The date and location of the contest will be determined at the Fall Meeting.

Judges: Judges will be hired by the host school with the costs split among the participating schools.

Awards: The Cross Timbers Conference (CTC) will provide medals for 1st, 2nd and 3rd place and ribbons for 4th, 5th and 6th place and One Overall Best in Show.

ARTICLE XIV AWARDS/ENTRY FEES

The conference shall be responsible for sharing the cost equally of all district tournament/contest competitions.

ARTICLE XV ADMINISTRATIVE DUTIES AT THE CONTEST/GAME

Section 1

The home school's principal/designee should be on duty at all home events.

Section 2

If any problem occurs, the administrator/designee will contact the other school's principal on the next day.

Section 3

Each school's district board policies will supersede section one and two if it is mandatory for administrators to attend away events.

ARTICLE XVI SECURITY AT THE CONTEST/GAME

Section 1

It is recommended that the host school shall provide a uniformed security officer for each of the regularly scheduled football and basketball games for the Cross Timbers Conference (CTC).

ARTICLE XVII MISCELLANEOUS

Section 1

Every step should be taken to avoid postponement of contests. In the event a contest is postponed, opposing schools may reschedule the contest by mutual agreement and within the framework of this constitution/by-laws and UIL. If there is an available date, a conference game shall supersede a non-conference game.

Section 2

Bands, pep squads, flag corps, and drill teams will be allowed to perform at games. One half-time performance will be permitted, but will be limited to the duration of half-time.

Section 3

All principals will visit with each cheerleading sponsor to stress sportsmanship at each game. Cheerleaders perform at their teams shooting goal of the basketball court or designated area determined by administration.

Cross Timbers Conference (CTC) Sportsmanship Creed

We are pleased to welcome you today to [SCHOOL NAME]. Good sportsmanship is one of the primary purposes of educational athletics. Please help us in promoting good sportsmanship by cheering positively for our student athletes and refraining from derogatory remarks to players, coaches, officials or other spectators.