

SOCCER RULES & REGULATIONS UNDER 10

FIELD OF PLAY (DIMENSIONS): Length: 45-60 yards; Width: 35-45 yards. Dimensions are smaller to accommodate the 6-versus-6 game and are appropriate for the movement capabilities of 8 to 9-year-old children.

BALL SIZE: Size 4.

ROSTER SIZE: Maximum of 12 players per team.

NUMBER OF PLAYERS (ON FIELD DURING GAMES): Six per team with a total of 12 players on the field at a time.

DURATION OF THE MATCH: Two 25-30 minute halves. Half-time will be at most 10 minutes in length.

SUBSTITUTIONS: There shall be two mandatory to substitutions, the middle of the first half of play and in the middle of the second half of play. At the other two times, substitutions are optional; at half-time and in the case of an injured player. You can freely substitute at any other time.

OFFSIDES: Offsides will be called.

FOULS AND MISCONDUCTS: Referee will conform to FIFA rules. There shall be goalkeeper modifications. Harassing the goalkeeper is prohibited. A goalkeeper shall be penalized for handling the ball intentionally passed to him from the feet of a teammate. The goalkeeper has 6 seconds to put the ball in play once the goalkeeper obtains possession.

FREE KICKS: There shall be Direct and Indirect kicks. Referee will conform to FIFA rules.

PENALTY KICKS: Referee will conform to FIFA rules.

THROW-INS: Referee will conform to FIFA rules.

GOAL KICKS: Referee will conform to FIFA rules.

CORNER KICKS: Referee will conform to FIFA rules.

PLAYING TIME: Each child shall play at least 50% of each contest.

*****ALL SLIDE TACKLES MUST BE LEGAL. GAME OFFICIALS
WILL MONITOR THIS AND IS HIS/HER JUDGMENT CALL*****