



FOR YOUTH DEVELOPMENT
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

Defenders's Cup 2013

Rec Soccer Tournament
Covington Family YMCA
May 13 – 17, 2013




Empowering Healthy Living.
Developing Cause-Driven Leaders.

End of season tournament for the Covington Y Rec Soccer League to benefit our Military Heroes deployed around the world.

Entry Fee:

Items to put in a HeroBox:

Food	Hygiene	Entertainment/Other
Beef Jerky	Baby wipes	DVD/CDs
Powder Drink Mix	Hand sanitizer	Books, Puzzle Books
Dried Fruit	Deodorant Male/Female	Pens, Pencils, Postcards
Power Bar/Granola Bar	Body Lotion	Drawing pads, journals
Microwavable Popcorn	Sun block	Magazines
Microwavable Cheesy Mac	Toothbrush/paste	Tupperware
Sunflower Seeds	Feminine Hygiene products	AA Batteries
Hard Candy	Lip balm	Brown undershirts, socks
Twizzlers	Tissues	
Tuna Fish Packets	Throat lozenges	
Instant Noodles, Soup	Eye drops	
Coffee	Body Powder	
Trail Mix	Tums, Roloids	
	Mouthwash	

The Covington Galaxy select soccer league will be on site scouting players for the 2013-2014 Season.

Tournament is single elimination.

Tournament Game Schedule can be found at www.quickscores.com/covingtony

All U4 players will receive a medal.
Winners of each age group will receive a "division champions" t-shirt.

<p>Tournament Location: Covington Family YMCA Outdoor Center 200 Stone Road Oxford, GA 30054</p>	<p>Covington Family YMCA 2140 Newton Drive Covington, GA 30014 770-787-3908 www.ymcaregistration.com</p>
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