



FOR YOUTH DEVELOPMENT
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

FREE PCA TRAINING FOR YMCA



Due to the generosity of Houston philanthropists Bob Graham and David Weekley, Houston- area youth receive the gift of Double-Goal Coaching® from Positive Coaching Alliance. Double-Goal Coaches -- whose first goal is winning, and whose second, more-important goal is teaching life lessons through sports -- are gifts to the youth, families and communities they serve. Like any other gift, this one is free.

The first organization to require Double-Goal Coaching through this special grant is the YMCA of Greater Houston under the leadership of President and CEO Clark Baker. Said Baker, "The YMCA of Greater Houston has always seen youth sports as an avenue to build character and instill important values of fair play and teamwork in Houston's young people. We are very excited to be involved in this initiative."

Training is available through PCA's new online Double-Goal Coach course, featuring video of PCA National Advisory Board Members such as:

- Los Angeles Lakers Coach and PCA National Spokesperson Phil Jackson
- Boston Celtics Coach Doc Rivers
- Cincinnati Reds Manager Dusty Baker
- Olympic Gold Medal Swimmer Summer Sanders
- Former U.S. Women's National Soccer Team star Julie Foudy
- Former NFL star Joe Ehrmann



To date, nearly 1,000 YMCA coaches have benefitted from PCA training. This training is required for all youth sports coaches and must be renewed. PCA is able to provide us with access to the online training for every single YMCA coach at **NO CHARGE!** Training our coaches to help them communicate with parents and maintain a positive sports environment is true to our YMCA mission. Basically, we are offering **free** professional development training for any individual interested in becoming a YMCA coach. What an opportunity!

How to Register for Training:

- Go to the PCA website www.positivecoach.org/ and click the COURSE hyperlink in the upper right-hand corner. It's on the yellow bar.
- Select the first course, Double-Goal Coaching: Coaching for winning and life lessons.
- Choose Option 1 and click on the blue bar that reads "Register with voucher code".
- Enter the voucher code **HoustonYMCA315** and complete the form.
- Click Register. Your email will help set up your ePath account.
- Please enter "**Alvin YMCA**" in the box marked Youth Sports Organization/School.
- Once submitted, you will be directed to the Double-Goal Coach course link on your ePath account.
- Click on the course link to begin the course. Should you need to log out at any time, you can return by signing back in the account through the first few steps above.
- Make sure you take the course **Double-Goal Coach: Coaching for Winning and Life Lessons.**

Please complete the course and submit your certificate of completion to:

Sean Robere

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