



**USA Volleyball**  
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# Suggested Youth Volleyball Readings

-- **John Kessel, USA Volleyball Director, Membership Development & Disabled Programs**

**101 Ways to Be a Terrific Sports Parent** : *Making Athletics a Positive Experience for Your Child* by Joel Fish (2003) Simon & Schuster, ISBN – 7432-2702-6

**Coaching WMCA Winners Volleyball**, by YMCA of America (1999). Human Kinetics Publishers, Inc., Champaign, IL. ISBN 0-7360-0335-5.

**Coaching Youth Volleyball, (3<sup>rd</sup> Ed.)**, by American Sport Education Program (2001). Human Kinetics Publishers, Inc., Champaign, IL. ISBN 0-7360-3796-9.

**It's Just a Game!** *Youth, Sports & Self Esteem: A Guide for Parents*, by Darrell Burnett, PhD., (2001). Authors Choice Press. ISBN 0-5951-6364-5.

**Just Let the Kids Play**, by Bob Bigelow, Tom Moroney, & Linda Hall (2001). Health Communications, Inc., Deerfield, FL. ISBN 1-55874-927-6.

**Positive Coaching: Building Character and Self-Esteem Through Sports**, by Jim Thompson (1995). Warde Publishers. ISBN 1-8863-4600-3.

**Shooting in the Dark: Tales of Coaching and Leadership**, by Jim Thompson (1998). Warde Publishers. ISBN 1-8863-4604-6.

**Strength & Power for Young Athletes; Exercise programs for ages 7-15**, by Avery Faigenbaum, EdD. & Wayne Westcott, PhD (2000). Human Kinetics Champaign, IL. ISBN 0-7360-0218-9.

**The Cheers and the Tears**, *A Healthy Alternative to the Dark Side of Youth Sports* - Shane Murphy (1999); Jossey-Bass Publishers, ISBN 0-7879-4037-2

**The Double-Goal Coach** : *Positive Coaching Tools for Honoring the Game and Developing Winners in Sports and Life*, by Jim Thompson (2001). Collins (1<sup>st</sup> Ed.). ISBN 0-0605-0531-1.

**The Vision of a Champion**, by Anson Dorrance & Gloria Averbuch (2002). Huron River Press, Ann Arbor, MI. ISBN 1-932399-10-0.

**The Young Athlete's Handbook**; *Your guide to success in sports*, by Youth Sport Trust (2001). Human Kinetics Publishers, Inc., Champaign, IL. ISBN 0-7360-3712-8.

**Why Johnny Hates Sports**, by Fred Engh (2002). Square One Publishers. ISBN 0-7570-0041-X.

**Will You Still Love Me If I Don't Win?** : *A Guide for Parents of Young Athletes*, by Christopher Anderson (2000). Taylor Trade Publishing. ISBN 0-8783-3172-7.

**Youth Volleyball**; *The guide for coaches & parents*, by Sharkie Zartman (1997). Betterway Books, Cincinnati, OH. ISBN 1-55870-445-0.