

Boys and Girls Club of Corvallis: 3rd and 4th Grade Basketball Rules

Equipment: The Boys & Girls Club will provide practice basketballs junior size (27.5 ball size) for each team, as well as a game shirt for all participants. Each participant is required to provide their own court shoes and shorts. Also, sealable water bottles with names are encouraged.

Game Time Regulations: All games will consist of 4, 10 minute running time quarters with a 1 minute break between quarters. Half-time will be 5 minutes, and there will be a 5 minute optional sub mark within each quarter. All players on the team's roster will play approximately equal time with consideration for behavioral or injury/ sickness circumstances.

Court Dimensions/Rim Height: The size of the playing court may vary depending on the Gym being used; the rim height will be set at 9 feet.

Game Rules:

1. Two time outs per game are allowed, one for each half. No subbing will be permitted unless a player is injured. All time outs, including the official timeouts, will last one minute and the clock will stop.
2. The home team will be required to provide a clock operator/ score keeper.
3. There will be a 5 second time limit enforced in the key.
4. Each game will begin with a jump ball, and alternating each position throughout the game.
5. Free throws will be shot from 12 feet away, and a player will shoot only when fouled in the act of shooting.
6. We will not keep track of fouls for 3rd and 4th graders. Coaches may not call a timeout with the sole purpose being to talk to the referee, and may not enter the court area to do so. Officials will be advised to keep coaches informed of reason for particular decisions. Coaches may talk to the officials from the bench or between quarters. Coaches that violate this rule will receive a warning and then a technical foul. If any coach or player who gets two technical fouls will be ejected from the building. If a coach receives a technical foul he or she will be required to meet with the Athletic Director.
7. All defenses must be man to man, which is defined as each player guarding another player, but switching is allowed. Zone defense is illegal, and is defined as a player guarding an area of the court and not another player. The penalty for a zone is one warning, then a technical foul. An offensive player may be double-teamed only when they are in a scoring position in the key area or in the act of shooting. Help side defense is allowed in the key area, full court defense is not allowed, and players must pick up their person at the half court line.
8. **Officials/Coaches/Players/Spectators behavior requirements** – There will be assigned officials for all games. A policy at the Boys & Girls Club of Corvallis that all parties maintain appropriate, respectful behavior before, during, and following all program activities (practices, games, etc.) Our goal of fostering a positive youth sports environment depends on it. Anybody not interested in complying with these expectations may be asked to leave the venue immediately and may not be invited to return depending on the circumstances.